Program Year: 2022-2023

Deadline to Apply: December 17th, 2021

What is VT-TREE?

- The Vermont Trauma, Resiliency, and Equity Education (VT-TREE) initiative for diversifying the behavioral health workforce.
- This is a federal training grant funded by Health Resources & Services Administration (HRSA)

What does it do?

- This grant supports training for 2nd year Masters of Social Work (MSW) and Graduate Counseling students who are already admitted to a respective program. The goal is to prepare students for trauma informed practice with underserved communities and to support interprofessional collaboration as part of the behavioral health workforce in VT.
- Provides direct stipend support to 2nd year MSW & Counseling students in the amount of $10,000* during the 2nd year of graduate study

*Per Student Financial Services (SFS) Policy:

Federal financial aid policies require that all estimated financial assistance be factored into the overall financial aid award offer. This includes amounts awarded as stipends to support living expenses that are not considered compensation. If you apply for Federal financial aid by submitting the Free Application for Federal Student Aid (FAFSA), the maximum amount of Federal loan funding you may borrow, if eligible, will be your total Cost of Attendance, less the VT-TREE stipend, if offered to you, and less any other aid you are receiving, which might include tuition remission, outside scholarships, etc. For more information about Cost of Attendance and the types of aid that may be available to you, please visit www.uvm.edu/studentfinancialservices

Who is eligible?

- MSW & Counseling students in their 2nd year of study, including part time students in their 2nd internship
- Students who self-identify as diverse/historically underrepresented in one of the following underrepresented identities: racial, ethnic, cultural, geographic, religious, linguistic, gender and sexual orientations.
- As this is a federal grant, only US citizens and LPR’s are eligible

VT-TREE Training Activities

Orientation

Students are required to attend an orientation upon being accepted to the VT TREE Program which lasts about 1-2 hours.
Graduate Certificate Program: Students will complete 3 to 6 online credits (up to 2 courses) of courses specializing in trauma informed, resilience, interprofessional and culturally responsive practices (please review CGS course of study) paid for by the VT TREE grant. These courses count towards a Certificate of Graduate Study in Trauma Informed & Resiliency Based Practices and students must formally apply to the Graduate Certificate Program to take the trauma courses or if they wish to complete the full CGS.

Trauma Informed & Resiliency Seminars: Students are required to participate in one 3-4 hour seminar/workshop which focuses on anti-racist trauma informed and resiliency based practices. The focus of these seminars is to increase knowledge and skillsets for trainees moving into careers in high need/high demand behavioral health settings working with historically underserved individuals & communities.

Required Field Internship: Students will complete their 2nd year placement in an integrated primary health care or behavioral health care setting that provides services to children, adolescents and young adults with mental health or substance use disorders and their families.

Required Participation in Program Evaluation: Trainees will be asked to complete pre & post surveys as well as participate in a focus group as part of the VT TREE evaluation. Trainees will be asked to evaluate their satisfaction with stipend amount, experience in trauma courses & seminar as well as satisfaction with their field internship and overall reflections on the program.

Program Detail:

- Stipend support paid to MSW or Counseling students in their 2nd year of study
- Students must complete 3 to 6 credits (up to 2 courses) towards a Certificate of Graduate Study as an enhancement to coursework required as part of student’s graduate program
- Participation in Trauma & Resiliency Seminars
- Required field internship experience in integrated primary health or behavioral health care setting
- Required completion of pre/post survey & qualitative evaluation of VT TREE program
- VT-TREE is a federally funded grant, if the grant funding is stopped, there will no longer be access to this program and stipend. Also, the VT TREE Stipend may impact financial aid award amounts, please contact https://www.uvm.edu/studentfinancialservices

To Apply:

Please complete application and email to: ndoh@med.uvm.edu

Questions? Please contact our Lead Placement Implementation Team Staff Member:

Esther Doh, MSW (ndoh@med.uvm.edu)

Our project Principal Investigators are Drs. Mercedes Ávila (maria.avila@med.uvm.edu) & Christine Velez (cvelez@uvm.edu)
<table>
<thead>
<tr>
<th>Foundational Curriculum</th>
<th>EDSP 330 - The Trauma Lens: understanding core concepts of trauma and resiliency (potentially offered during Summer 2022 and/or Fall Session 2022)</th>
<th>• Adverse Childhood Experiences (ACES) &amp; Benevolent Childhood Experiences (BCES), • Impact of trauma on brain, • Racial &amp; developmental trauma, • Attachment/ family systems, • substance use and trauma, • child maltreatment, • interpersonal violence, • National Child Traumatic Stress Network (NCTSN) core concepts, • interprofessional practice, • Secondary trauma.</th>
<th>3 credits</th>
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<tr>
<td>Interprofessional /Collaborative Curriculum</td>
<td>EDSP 332: Trauma informed, resiliency based, &amp; interprofessional practice in schools and social service agencies. (offered during Fall 2022)</td>
<td>• Brain and resilience, • Traumatic stress, • cultural agility, • historical trauma, • Collaborative practices, • client centered, • strengths-based care, • collaborative assessments, • trauma informed systems.</td>
<td>3 credits</td>
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<tr>
<td>Applied Curriculum</td>
<td>EDSP 334: Trauma-informed &amp; evidence-based interventions with children, youth and families (offered during Summer 2022)</td>
<td>Students will leave class with the knowledge and skills of the following EB behavioral health interventions: 1. Child &amp; Adolescent Needs &amp; Strengths Assessment (CANS)/Achenbach System of Empirically Based Assessments (ASEB) 2. TF-CBT: trauma focused cog beh 3. PCIT: parent/child interaction 4. ARC: Attach, Self Regulation, Competency 5. Psych first Aid (violence prevention) 6. Motivational interviewing 7. SBIRT (Screening Brief Intervention Referral to Treatment models) for addressing substance use 8. Trauma informed parenting skills (RPC (Resource Parent Curriculum TIPS)</td>
<td>9 credits</td>
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<td>EDSP 333: Trauma Informed Systems Change (offered during Spring 2023)</td>
<td>Data-driven systems change Change initiatives Reflective supervision Components of trauma informed systems</td>
<td>3 credits each</td>
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<td>Capstone internship course</td>
<td>Experiential practice and action capstone program</td>
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