



Amy Hughes Lansing, PhD is a pediatric (child clinical health) psychologist. Her primary research interest is in examining how biological, behavioral, and social systems interact in explaining health behaviors in youths and families and translating that knowledge into highly accessible interventions. She adopts an interdisciplinary and micro-analytic approach to studying health outcomes in youths with chronic health conditions and their families. Dr. Hughes Lansing's research incorporates mobile sensing, intensive longitudinal modeling, and technology-delivered interventions from a multi-level systems perspective. Current projects focus on improving health outcomes in youths with type 1 diabetes and in families with a child with congenital heart disease as well as prevention of problematic substance use in emerging adults with chronic pain.