



Vermont Center on  
Behavior & Health

The University of Vermont

# 9th Annual Conference

Innovations in Tobacco Control and Regulatory  
Science to Decrease Cigarette Smoking

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OCTOBER 7-8, 2021

VIRTUAL

# 9<sup>th</sup> Annual VCBH Conference

## *Opening Remarks*



Stephen T. Higgins, PhD  
Director, Vermont Center on Behavior and Health  
Virginia H. Donaldson Professor of Translational  
Science  
Departments of Psychiatry & Psychological Science

Thank you to NIDA-FDA, NIGMS, & UVM for their generous support!

# *Innovations in Tobacco Control and Regulatory Science to Decrease Cigarette Smoking*

- Cigarette smoking is the leading cause of preventable death in the U.S. (>480,000 deaths annually in U.S. and > 5 million globally)
- Increases risk for a wide range of diseases (coronary heart disease, stroke, COPD, lung and other site-specific cancers)
- Innovate and remain focused
- Improve and expand our tobacco control and regulatory efforts
- Next two days we'll hear from experts engaged in efforts to realize these aims

# Substantial Progress But More to be Done

- Current smoking (past month) in U.S. among those  $\geq 12$  years decreased from 26.0% (61.1 M) in 2002 to 16.7 % (45.9M) in 2019—36% decrease in prevalence (NSDUH, 2020).
- Current smoking in U.S. adolescents (12-17 yrs) declined from 13.0% (3.2M) in 2002 to 2.3% (572,000) in 2019—82% decrease in prevalence.
- Progress has been considerable/laudable, but there are still 45.9M current smokers  $\geq 12$  yrs of age in the U.S. and many millions more globally, promising tremendous ongoing preventable morbidity, mortality, and economic burden along with large disparate impacts on vulnerable populations.
- We can and must do better!

# CMEs and Disclaimer

- In support of improving patient care, The Robert Larner College of Medicine at The University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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- Regarding materials and information received during this educational event, the views, statements, and recommendations expressed during this activity represent those of the authors and speakers and do not necessarily represent the views of the University of Vermont.



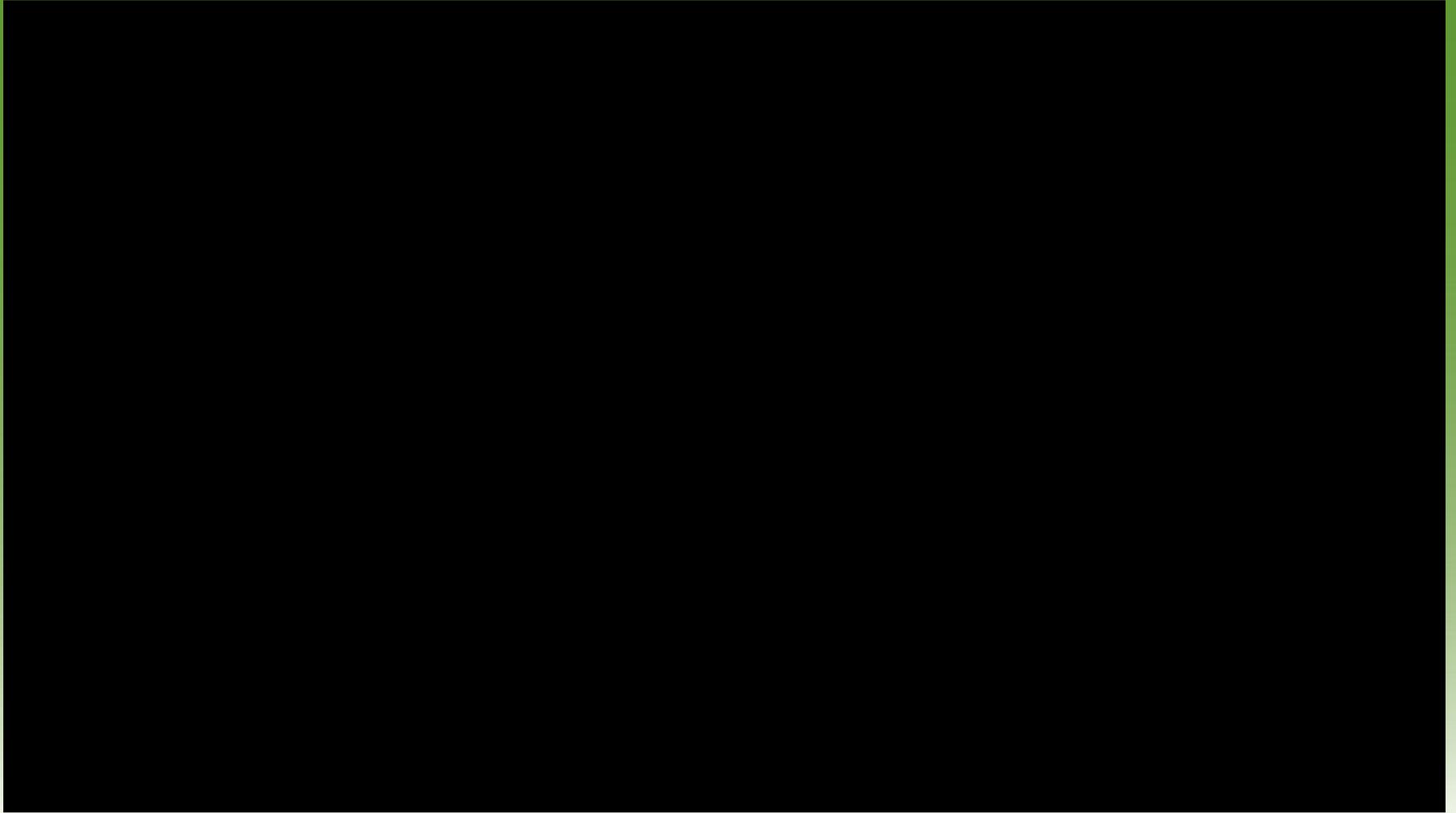
# Welcome

Patricia A. Prelock, Ph.D., CCC-SLP, BCS-CL  
Provost and Senior Vice President

Patricia Prelock, Ph.D., is provost and senior vice president of the University of Vermont, professor of communication sciences and disorders, and professor of pediatrics in the Larner College of Medicine at the University of Vermont. Dr. Prelock coordinates parent training programs designed for caregivers of children with ASD and has been awarded more than 11 million dollars in university, state and federal funding as a PI or Co-PI to develop innovations in interdisciplinary training supporting children and youth with neurodevelopmental disabilities and their families, to facilitate training in speech-language pathology, and to support her intervention work in ASD.



# Video Welcome: U.S. Senator Patrick J. Leahy



# Coming Up Next

## Paper Session 1

Session Chair: Jennifer Tidey, PhD, Professor and Associate Dean for Research, Brown University

- Digital Interventions: Amanda Graham, PhD
- Quitlines: Christine Sheffer, PhD
- E-cigarettes for Smoking Cessation – The Latest Cochrane Evidence: Jamie Hartmann-Boyce, DPhil
- Impacts of State-Level Tobacco Bans: Michael Siegel, MD