From: Christian Essman [mailto:cce3@case.edu]
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Subject: A Resource For Your Students!

## The Undifferentiated Medical Student Podcast

60+ interviews with different specialties | 130+ 5-star ratings and reviews in iTunes | 270,000+ downloads

<u>The Undifferentiated Medical Student</u> (TUMS) is a <u>top-ranked Medicine podcast</u> in <u>iTunes</u> (free) about choosing a medical specialty and planning a career in medicine.

There are a lot of specialties (120+) to choose from in a medical career and very little time to explore them all. Complicating the problem is the fact that, at times, mentorship can be hard to come by in medical school which makes many med students feel as though they have to make the decision on their own. The purpose of the TUMS podcast is to help med students learn the talking points of all the specialties and to empower them to start exploring their career options early and on their own.

To accomplish this, the host of the podcast, Ian Drummond, a 4th year medical student at **Case Western Reserve University**, decided to conduct **interviews with at least one physician from each of the 120+ specialties and subspecialties** listed on the AAMC's <u>Careers in Medicine website</u> and to record these conversations as a means of scaling the mentorship of these physicians so that all medical students struggling with career planning could benefit from their advice.

Curious about **psychiatry**? Check out <u>Ep 037</u>. Still deciding between **medicine** and **surgery**? Start with episodes <u>001</u> and <u>002</u>. Maybe **anesthesiology** (<u>Ep 034</u>) is more your speed. Or maybe **neurosurgery** (<u>Ep 003</u>) is more your speed. Can't decide between kids and adults? Take a listen to the **med-peds** episode (<u>Ep 008</u>). Like outpatient everything? **Family medicine** is <u>Ep 016</u>. **Surgery**, you say? Take your pick: **vascular surgery** (<u>Ep 050</u>), **plastic surgery** (<u>Ep 051</u>), **orthopedic surgery** (<u>Ep 033</u>), **cardiothoracic surgery** (<u>Ep 013</u>), **colorectal surgery** (<u>Ep 004</u>) and even **Mohs surgery** (<u>Ep 059</u>). And you should probably tack on **OB/GYN** (<u>Ep 009</u>) and **urology** (<u>Ep 032</u>). Ever hung out with a **pathologist** (<u>Ep 054</u>)? A **radiologist** (<u>Ep 015</u>)? An **interventional radiologist** (<u>Ep 060</u>)?

These and all other episodes can be found at <a href="https://www.UndifferentiatedMedicalStudent.com">www.UndifferentiatedMedicalStudent.com</a>.

**To medical students:** TUMS is freely available on <u>iTunes</u>, <u>Stitcher Radio</u> and <u>Google Play Music</u>. Subscribe to the podcast on your podcast player of choice, and don't be afraid to listen on double speed. The audio quality is great so enjoy at your preferred playback speed without missing a word. Please feel free to reach out to lan at <u>ian@UndifferentiatedMedicalStudent.com</u> for any reason, and if you want to hook lan up with a guest but don't know what to say to them, check out the <u>TUMS email template</u>.

**To physicians:** If you are interested in being a guest on the show or if you are willing to connect Ian with other physician guests for the show, please reach out to Ian at <a href="mailto:ian@UndifferentiatedMedicalStudent.com">ian@UndifferentiatedMedicalStudent.com</a>. A list of specialties yet to be featured on the podcast can be found at <a href="mailto:www.UndifferentiatedMedicalStudent.com/suggestions">www.UndifferentiatedMedicalStudent.com/suggestions</a>, as well as <a href="mailto:the questions asked on the show">the show</a>.

Mr. Christian Essman

Director of Admissions School of Medicine





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