Monday, November 6 – Friday, November 17, 2017

Today through Friday, November 10
2017 United Way Employee Campaign
Your support for the United Way of Northwest Vermont directly benefits many programs and initiatives that support thousands of people in our community – by putting food on the table, providing a safe place to sleep, or building bridges out of poverty. You work hard every day to put the patient first and deliver high quality care. Supporting the United Way reflects our values of serving the patient, community and medicine, bringing the concept of caring for our patients and their families beyond our exam rooms and into the wider community. For more information, visit our intranet page.

Gift Shop November Special
Yankee Candle Stock-up Sale - Buy two large jars for $42 (regular $27.99 each).

Monday, November 6
“Substance-exposed Newborns: Vermont’s Approach to New Federal Regulations”
Anne Johnston, MD, Family Medicine Grand Rounds, 8-9 am, Davis Auditorium

“Impella, LVAD, IABP and Heart Failure Management”
Summer Willis, RN, HealthNet Grand Rounds, 6-7:30 pm, Davis Auditorium

Influenza Vaccination Clinic
11:30 am-2:30 pm, 1 South Prospect St, Elevator A, St. Joseph’s 5th Floor, Conference Room 5206. For more information, click here.

Day of Remembrance
The Spiritual Care Department at University of Vermont Medical Center invites you to a time of remembrance and reflection to honor the lives of your friends, co-workers, and family members who have died. All are welcome to attend. We will gather to remember, reflect, and refresh our spirit. 12:05-12:20 pm, Medical Center Campus Chapel, Patrick 130. For more information, call the Spiritual Care Department at (802) 847-5026.
Tuesday, November 7
“Advances in Screening for Genetic Disease”
Stephen Brown, MD, Obstetrics, Gynecology & Reproductive Sciences Grand Rounds, 7:30-8:30 am, Davis Auditorium

Gift Shop Tuesday Special
Two-punch Tuesday! Receive two punches on frequent-buyer cards for every $10 spent.

Community Medical School
Since 1998, this program, jointly organized by the Larner College of Medicine at UVM and the UVM Medical Center, has been providing members of the UVM and local community with accessible and important education on a wide variety of timely, fascinating and engaging health care topics. Please join us for the presentation followed by a Q&A session.

- “Politics, Money & Science: Current Debates in Public Health & Health Policy,” led by Jan Carney, MD, M.P.H.

This session will be held from 6-7:30 pm, Carpenter Auditorium in the Given Building at the Larner College of Medicine at UVM. For information about the presentations, click here.

“Defining Hope” Screening
Join us for a screening of “Defining Hope,” hosted by Northern Adirondack Nurses Association, Plattsburgh State University Nursing Department and Plattsburgh State Chapter of the National Student Nurses Association. 7 pm, Warren Ballroom, Angell College Center, Plattsburgh State University, 101 Broad Street, Plattsburgh. For questions, email Cheryl Fortin at Cheryl.fortin810@gmail.com. For more information, click here.

Wednesday, November 8
“Pneumonia: Sometimes It’s Complicated”
Thomas Lahiri, MD, Pediatrics Grand Rounds, 8-9 am, Davis Auditorium

“C. difficile: The Saga of Diarrhea and Diagnostic Testing Is Just Beginning”
Christina Wojewoda, MD, Pathology and Laboratory Medicine Grand Rounds, 1-2 pm, Davis Auditorium

Conference Club: Hyperparathyroidism
Kaitlyn Vennard, DO, Endocrine Grand Rounds, 12 noon-1 pm, 62 Tilley Drive, Cardiology Conference Room

Influenza Vaccination Clinic
11 am-4 pm, UVM Medical Center Campus, Level 2 Connector. For more information, click here.
Happy Hour at the Garden Atrium
Pumpkin Pie Yogurt Parfait – Pumpkin pie filling, vanilla Greek yogurt and UVM Medical Center house-made granola, 3-4 pm

Thursday, November 9
“Ketamine: 50 Years of Modulating the Mind”
Phillip Vlisides, MD, University of Michigan Medical School, Anesthesiology Grand Rounds, 7-8 am, Medical Education Center, Sullivan Classroom #200

“Syndesmotic Ankle Fractures: Life Inside a Systematic Review”
James Michelson, MD, Orthopedics & Rehabilitation Grand Rounds, 7-8 am, 101 Stafford

TBD
Surgery Grand Rounds, 7:30-8:30 am, Davis Auditorium

Clinical Ethics Case Conference
Group discussions/reviews of recent ethics consults occurring within the UVM Health Network. 12 noon-1 pm, McClure 1311. For additional information, contact Gordon Meyer, (802) 847-4848.

Influenza Vaccination Clinic
10 am-6 pm, UVM Medical Center Campus, 2nd Floor Connector. For more information, click here.

Indoor Farmers’ Market
Come support your local farmers and get some fresh local product! Fruit smoothies will also be available for purchase from Nutrition Services. 2:30-5 pm, Davis Concourse. CROP CASH is now available. CROP CASH is free market money that is given to customers when they spend their 3SquaresVT benefits at participating markets. For information on 3SquaresVT, call 2-1-1 or click here. For information on CROP CASH, click here.

Friday, November 10 and Saturday, November 11
Well Being Living Well & Imaging the World Concert
Please join us at 8 pm for a fundraiser benefiting Women in Congo and the UVM Children’s Hospital at UVM Medical Center. The concert features vocalist Barbara Kanam. For more information and to purchase tickets, click here and go to “Upcoming Regional Events.” Location: Edmunds Middle School Gymnasium, 275 Main St., Burlington.

Friday, November 10
“Medical Myths”
Douglas Paauw, MD, University of Washington, Medicine Grand Rounds, 8-9 am, Davis Auditorium

Cancelled
Psychiatry Grand Rounds
**Monday, November 13**

“Diabetes From a Culinary Medicine Platform”
Kimberly Evans, MS, RD, Family Medicine Grand Rounds, 8-9 am, Davis Auditorium. For more information, click [here](#).

“Pharmacological Management of Agitation in the Context of Schizophrenia and Bipolar Affective Disorder”
Clayton English, Pharm.D., BCPS, BCPP, Albany College of Pharmacy & Health Sciences, Albany, NY, Emergency Medicine Grand Rounds, 12 noon-1 pm, Davis Auditorium

**Shine a Light on Lung Cancer Display**
The Frymoyer Community Health Resource Center, in partnership with UVM Cancer Center, will be hosting a table display from the Lung Cancer Alliance called “Shine a Light on Lung Cancer”. Stop by and pick up educational resources, free flashlights, and other giveaways. Throughout the month, we will also have information on smoking cessation and educational materials from the American Lung Association. Call (802) 847-8821 for more information.

**DayOne Program Open House – Celebrating 30 Years of Service!**
Stop by the DayOne Program anytime between 3-5 pm, 1 South Prospect Street Campus, St. Joseph’s 3rd Floor, to help us celebrate 30 incredible years of treating substance use disorders within our community. Enjoy light refreshments, meet our team and discover what DayOne is all about! Questions? Call (802) 847-1421 or email William.Keithcart@uvmhealth.org. All are welcome.

**Tuesday, November 14**

“Ethics of Global Health”
Timothy Johnson, MD, University of Michigan, Ann Arbor, Obstetrics, Gynecology & Reproductive Sciences Grand Rounds, 7:30-8:30 am, Davis Auditorium

**Free Fruit Day**
Employee Wellness is partnering with Nutrition Services to offer all employees one piece of whole, fresh fruit. Show your badge at the Dunbar Café, Café Express, Garden Atrium, Harvest Café, Pavilion Café and Main Street Café registers to receive your fruit. For a chance to win a gift card from Employee Wellness, visit Employee Wellness [Facebook](#) and guess how many pieces of fruit will be given away. Not on Facebook? Send your guess to wellness@uvmhealth.org. Closest guess wins!

**Gift Shop Special**
Two-punch Tuesday! Receive two punches on frequent-buyer cards for every $10 spent.

**Wednesday, November 15 – Monday, December 4**

**Employee Open Enrollment**
UVM Medical Center Benefits Open Enrollment takes place today through December 4. Open
Enrollment Benefit elections or changes will be made using Workday. Make sure to review your current benefits and click here to review the 2018 benefits.

**Wednesday, November 15**
“Long-term Follow-up of the Extremely Low Gestational Age Newborn Study”  
Deborah Hirtz, MD, Pediatrics Grand Rounds, 8-9 am, Davis Auditorium

Conference Club: Hypocalcemia  
Amanda Fernandes, MD, Endocrine Grand Rounds, 12 noon-1 pm, 62 Tilley Drive, 2nd Floor Conference Room.

“Advances in Lung Regenerative Medicine”  
Daniel Weiss, MD, PhD, Pathology and Laboratory Medicine Grand Rounds, 1-2 pm, Davis Auditorium

**Happy Hour at the Garden Atrium**  
Carmel Apple Bars – Caramel apple bar served with vanilla ice cream, 3-4 pm

HealthSource Class - Vascular Health Screening: Early Detection for Early Prevention  
Vascular disease is the #1 cause of death in the western world. With early detection, it is possible that lifestyle changes and simple medical therapy can prevent the progression of vascular disease. Learn more about vascular disease, prevention, and what screening opportunities are available to you at the University of Vermont Medical Center.

Presented by Matthew J. Alef, MD, Vascular Surgeon, Program Director, David Pilcher, Vascular Surgery Lab and Will Farmer, Practice Supervisor, University of Vermont Medical Center, 6-7:30 pm, UVM Medical Center, Main Campus, Davis Auditorium. To register, click here or call (802) 847-7222. Free and open to the public. Free parking is provided for all attendees.

**Thursday, November 16**
“Empowered Surveillance Rothman Index: Origins, Science, Uses and Outcomes”  
Michael Rothman, PhD, PeraHealth, Anesthesiology Grand Rounds, 7-8 am, Medical Education Center, Sullivan Classroom #200

QA (Peer Review)  
Orthopedics & Rehabilitation Grand Rounds, 7-8 am, 410 Stafford

**TBD**  
Surgery Grand Rounds, 7:30-8:30 am, Davis Auditorium

Clinical Ethics Case Conference  
Group discussions/reviews of recent ethics consults occurring within the UVM Health Network, 12 noon-1 pm, McClure 1311. For additional information, contact Gordon Meyer, (802) 847-4848.
“Sex Differences in Nicotine Use Disorder: Findings from Neuroimaging”
Reagan Wetherill, PhD., Perelman School of Medicine at the University of Pennsylvania, Vermont Center on Behavior & Health The University of Vermont lecture series, 12 noon-1 pm, Davis Auditorium. For more information, click here or call (802) 656-0079. Miss the live event? A recording of the lecture will be available the day after the event; click here.

**Indoor Farmers’ Market**
Come support your local farmers and get some fresh local product! 2:30-5 pm, Davis Concourse. CROP CASH is now available. CROP CASH is free market money that is given to customers when they spend their 3SquaresVT benefits at participating markets. For information on 3SquaresVT, call 2-1-1 or click here. For information on CROP CASH, click here.

**Great American Smoke Out**
Get ready to “Take the PLEDGE” to refrain from tobacco for a day during the week of November 13 in preparation for the Great American Smoke Out Celebration today. Plan to visit the tabling events that are being held by the Employee and Family Assistance, Employee Wellness and Community Health Improvement Tobacco Treatment Specialists. Fill out the Pledge card at any of the tabling events or email your pledge to wellness@uvmhealth.org. Learn some new strategies to prepare for your quit day and to stay quit for life. Any employee who submits their pledge card will be asked to complete a survey during the week of November 20 and be eligible for a drawing for a $25 gift card. Tabling events will be located at the Frymoyer Community Health Resource Center, Main Campus, 11am-1pm; Harvest Café, Main Campus, 1-4:30pm; and One South Prospect Street lobby, 1-4:30pm. Questions? Email wellness@uvmhealth.org or call (802) 847-2827 for more information!

**Friday, November 17 – Wednesday, November 22**
**Gift Shop Specials**
Early Black Friday “Deal of the Day” Specials

**Friday, November 17**
“Neuroimaging Brain Structure in Addiction”
M. Scott Mackey, PhD, Psychiatry Grand Rounds, 10:30-11:45 am, Davis Auditorium

**Morbidity and Mortality Rounds**
Medicine Grand Rounds, 8-9 am, Davis Auditorium

**Note:** This will be a case presentation from the medical service with discussion. Open to medical staff, medical students and those involved in the case. Continental breakfast will be provided prior to M&M by the Faculty Engagement Committee.

**Influenza Vaccination Clinic**
7 am-1 pm, UVM Medical Center Campus, Level 2 Connector. For more information, click here.

**UPCOMING EVENTS/PROGRAMS**
**The Warming Shelter**
The Warming Shelter is now open at 179 S. Winooski Avenue. The Community Health Centers of Burlington will be operating the shelter again this year and have set-up a MealTrain page for scheduling meal donations. Guests of the warming shelter really appreciate having a warm meal when they come to shelter, and for some it is their first warm meal of the day.

Click [here](#) for MealTrain details on the types of meals preferred and how many people they will be serving. The link also provides information on parking when making meal deliveries and other pertinent information.

If you decide to plan a meal as part of a departmental effort and would like some great “Prepared by UVM Medical Center Employees” stickers for your meals, contact Thifeen WaheedDeen at [twd@uvmhealth.org](mailto:twd@uvmhealth.org); she will send via inter-office mail.

**HealthSource Classes**
UVM Medical Center’s fall HealthSource classes are now open for registration! Classes on diabetic foot health, vascular disease, alternatives for colon cancer screening, cooking for heart conditions, planning for the future in regard to your health and finances, and much more! Free and open to the public. To register or for more information, call (802) 847-7222 or click [here](#).

**98-Miles Foundation’s 16th Annual Turkey Trot 5K – November 23**
Join us for the 16th Annual Turkey Trot 5k. Proceeds from the race go to the UVM Medical Center/98-Miles Foundation for Cystic Fibrosis. The event for runners and walkers was established in November 2002 to help with expenses for a young Barton woman, Melissa White, who was in need of a double lung transplant. The townspeople, as well visitors, saw an opportunity to help her. Today, fundraising continues to help other children and adults in Vermont who have Cystic Fibrosis and are in need of a transplant. The number of participants has grown from 239 the first year to a recent record-breaking number of 473! Come out and support this important cause and get a little exercise before your “big Thanksgiving dinner.” 9 am-4 pm, Barton Village Memorial Building, 19 Village Square, Barton, VT. Click [here](#) to register and for more information.

**One-on-One Financial Counseling – Take Control of Your Financial World!**
UVM Medical Center is offering a class for employees to meet with a NEFCU advisor to help with budgeting and financial counseling. NEFUC Branch, McClure 2 connector. To view the monthly schedule and to enroll in eLearn, click [here](#).

**Vermont Lung Center - Weight Loss Research Study for Asthmatics**
If you overweight, have access to the internet and have asthma you may be eligible to participate in a Vermont Lung Center study research program that involves an online weight loss program and six clinic visits. This is a six month weight loss educational program to change diet and exercise habits and is provided at no cost to volunteers who qualify. Please call (802) 847-2193 for more information.
Screening Project for New Research to Develop Vaccines
Healthy adults ages 18-50 needed to participate in a screening project to determine your eligibility for participation in future new research to develop vaccines against mosquito-borne viruses. For more information and to schedule a screening, contact us: (802)656-0013; UVMVTC@UVM.EDU or visit UVMVTC.ORG.

Wellness Offerings

Gun Locks and Gun Safety
It is hunting season and proper safety precautions go a long way to prevent accidents, decrease impulsive acts and protect our children. The Employee and Family Assistance Program (EFAP) has a limited supply of gun safety locks which are free to employees who live in a home with a firearm. If you or someone you know needs a gun lock, please contact EFAP by email EFAP@UVMHealth.org or call (802) 847-2827. Free gun locks can also be accessed at your local police station.

Dark Days of Winter: Call all Managers – Do Your Employees Work in an Area Without Windows?
When the clocks turn back and the days get darker, many employees find themselves feeling down, low energy and depressed. Lack of daylight can have a significant impact on employee wellbeing and productivity. The Employee and Family Assistance Program is available to talk with your department about the impact less daylight and the change of season has on wellbeing and depression. Suicide prevention information will be included in this discussion. Creating a self-care plan may help. If your staff works in an area without windows, let’s talk about ‘light boxes’. EFAP has light boxes available for departments without windows. Contact Employee and Family Assistance Program at (802) 847-2827 or email EFAP@uvmhealth.org to schedule a 30-minute presentation at your next staff meeting.

New Wellness Benefit Partnership: UVM Medical Center and UVM Campus Recreation
The new UVM Medical Center Wellness Pass is an annual UVM Campus Recreation Group Fitness Pass (January -December 2018) offered to UVM Medical Center employees subsidized by the Employee Wellness Council. There is a limited quantity of 50 passes available at the subsidized rate. Click here for cost details. Sign-up for one of the 50 passes during open enrollment (November 1-30) by emailing your name, email address, and home mailing address to wellness@uvmhealth.org.

Try before you buy! UVM Campus Recreation is offering group fitness classes free of charge to UVM Medical Center employees November 10, 11, and 12.

For questions regarding eligibility, email wellness@uvmhealth.org. For questions regarding group fitness programming, e-mail Justina Reichelt at fitness@uvm.edu or call (802) 656-8058. For details, click here.

Couch to 5k is Back!
Join Employee Wellness for this 8-week online program. You may choose from two levels—walking or a mix of running/walking to gradually build up your fitness and stamina. This program
begins the week of October 9 or as soon as you want. Follow the weekly workout instructions sent via email and logging to keep you on track and motivated. The program will conclude with the RiRa Santa 5k in Burlington on Sunday, December 3. To receive the weekly workouts or the discount code to register on our team for the 2017 Santa 5k, email Wellness@uvmhealth.org.

**Take Your Health Assessment and Be Entered to Win Great Prizes**

Employee Wellness will be hosting a raffle for all employees who complete the health assessment by 12/31/17. Take your health assessment today and be automatically entered to win by clicking the Employee Wellness tab on HR Central which will take you to the Employee Wellness portal. Prizes include a two-night stay and dinner for two at the Essex Resort and Spa, a season’s ski pass to Smuggler’s Notch and a FitBit® Alta® activity tracker. Taking the health assessment is easy and takes just a few minutes. Simply answer a few questions and you will be provided the knowledge to begin your path to Wellbeing. Questions? Email wellness@uvmhealth.org.

**Vermont Travel Club Card**

The “Vermont Travel Club" card" saves UVM Medical Center and all affiliate staff and their family members up to $40 on single-day lift tickets and more saving on multi-day tickets at Sugarbush, Jay Peak, Mount Snow, Bolton Valley, Killington, Pico, Burke Mountain, Smuggler’s Notch, Sunday River and ski areas in Utah. New this year, we have added Attitash and Wildcat. Plus you save 10% on dinning and up to 20% on lodging when you travel to your ski destination of choice. You will save $10 off the retail price of $54 per individual membership and $10 off the family pack of up to five cards for $179. To sign up and to receive your discount, register [here using discount code uvmmedcenter2018](#).

The Vermont Travel Club is the first membership-based travel club that saves you up to 40% on your next ski or snowboard vacation. As a member of the Vermont Travel Club, you will have exclusive access to discounts that are not available to the general public. The Vermont Travel Club card allows you to receive significant savings and discounts for lift tickets, lodging, and restaurants at participating merchants. The list of businesses that accept the card has been growing so please check our website to see the current list. Your Vermont Travel Club card also allows you to book all-inclusive lodging and lift ticket packages. Every Monday during the ski season, we will post “**last minute deals on lift tickets and lodging**”, only available to club members.

**2017 Employee Wellness Incentives Are Now Available**

Be sure to log in to the [Employee Wellness website](#) on HR Central and claim your incentives between now and 12/31/17. All employees of the University of Vermont Medical Center are eligible for up to $185 for completing the following incentives:

- Online Health Assessment - $25
- Preventive Care Visit - $35
- Advanced Directive - $50
- Dimension of Wellbeing Activity - $50
- Participate in a Biometric Screening - $25 Instant Gift Card

For helpful videos on how to register or claim your incentives, please visit our info page or email wellness@uvmhealth.org.

**Calling Wellbeing Ambassadors!**
Employee Wellness is looking for Wellbeing ambassadors who are interested, engaged and motivated in creating wellness opportunities and promoting healthy choices throughout the work week. The ambassadors will serve as key communicators for Employee Wellness in wellness programming and will help spread the word of wellness initiatives and campaigns throughout the year. Participation in this program will require between 10 minutes to one hour a month, depending on your departments choice of engagement. All ambassadors are encouraged to work with their leaders to seek their support in promoting a culture of health and wellbeing in the workplace. If you are interested in becoming a Wellbeing ambassador or would like to recommend someone from your team or department, please email wellness@uvmhealth.org today.

**University of Vermont Weight Loss Research Study**
If you are overweight, 18 years old or older, can walk for exercise, have internet access and a smartphone, you may qualify for the UVM iReach behavioral weight management research study that examines whether financial incentives will enhance weight loss. The study is an 18-month educational program designed to help you change diet and exercise habits. The program is provided at no cost to volunteers who qualify. For more information, click here or call (802) 656-1960.

**Join the Employee Wellness Facebook Group**
Get connected to Employee Wellness and join the Facebook Group today! By joining you will learn about events taking place across the organization, tips and resources to focus on your wellbeing at work and at home and more. This is also a great resource to get connected with your coworkers, ask questions, post photos and start conversation. Is there a group that walks every day? When is the next fitness campaign? What is for lunch today? Find this out and more by joining today.

**Workplace Presentation**
The Employee and Assistance Program (EFAP) is available to present at departmental staff meetings on a variety of topics to include: Communication and Conflict Resolution, Stress Management, Mindfulness, Substance Abuse, Depression, Anxiety, Balancing Work and Home, Grief and Loss and various human problems. The goals of these presentations are to increase awareness about how stress informs and shapes these factors and affects the workforce and ourselves individually. Our approach is solution-oriented. The focus is to build a healthy workforce through activating self-care and wellness principles and practices. If you are interested in having EFAP present one of these talks at your staff meeting, please call (802) 847-2827 or email EFAP@UVMHealth.org to schedule a time.

**Employee Tobacco Cessation Program**
Most tobacco users quit several times before they are successful. Here at The University of
Vermont Medical Center, we believe that every try counts! The employee tobacco cessation program offers a supportive approach to help you and your household family members become tobacco-free for life. If you are ready to try again, contact (802) 847-2827, or email wellness@uvmhealth.org to register. You will receive coaching and a one-month supply of free patches, gum or lozenges.

Community Tobacco Cessation Program
Free five-week quit groups available. Receive FREE 10-week supply of gum, patches or lozenges when you participate. Classes are held at various locations around Chittenden County. Call for upcoming dates and times, (802) 847-7333 or QuitTobaccoClass@UVMHealth.org

Educational Offerings
“Factors Affecting Mother’s Milk Feedings in Preterm Infants” – November 9
Join the New England Association of Neonatal Nurses 2017 Fall Lunch & Learn, supported by Chamberlain University. Presenter: Mary Lussier, BSN, RN, IBCLC, Connecticut Children’s Medical Center, Hartford, CT. 12 noon-1:30 pm, Davis Auditorium. For information, click here.

Basic Fundamentals of Clinical Hypnosis & Intermediate Clinical Hypnosis Workshops – November 10-12
Hypnovations announces ASCH-approved workshops (20 hours each) co-sponsored by the Northern Mountain Society of Clinical Hypnosis. Faculty: Linda Thomson, APRN, Maureen Turner, RNBC, LCMHC, Judy Thomas, DDS, and Casey Goldman, LCMHC, Jackson Gore Inn, Okemo Mountain, Ludlow, VT. For more information, click here or call (802) 338-8040.

Future-Proof Your Career
Gain the skills to adapt your business to a changing world, stay abreast of new trends, show initiative at your organization, or explore a completely different career path through the Continuing and Distance Education courses and programs at the University of Vermont. We’ve helped thousands of part-time students achieve their dream, from those preparing for an undergraduate or advanced degree, to those seeking a career change, to individuals simply seeking personal development.

Check out some of our exciting upcoming programs:

- Explore public health and policy issues while gaining a strong foundation in population health sciences in UVM’s top-ranked, online Master of Public Health. Click here.
- With UVM’s 10-week, fully online Strategy and Planning Professional Certificate, you will learn to develop and strengthen the skills and knowledge you need to make intelligent and informed financial decisions for your organization to thrive in today’s ever-changing digital economy. Click here.
- In the digital age, traditional sales strategies are no longer applicable. Learn how to effectively nurture leads, construct sales strategies, build and maintain relationships, and meet organizational goals with UVM’s 10-week, fully online Digital and Social Selling Professional Certificate. Click here.
• Do you dream of becoming a doctor or other healthcare professional but lack the required courses to apply to medical school? UVM’s Post-Baccalaureate Premedical Program is designed to provide you with the prerequisite coursework and access to research and direct patient care experiences you need to achieve your career goals. Click here.

• Learn the essential skills to launch a career in the competitive craft beer industry with UVM’s Business of Craft Beer Certificate program. Click here.

• Build effective strategies to connect with consumers using the latest research and trends in UVM’s top-ranked Digital Marketing Fundamentals Professional Certificate program. Click here.

• An increasingly global and diverse workplace requires leaders who can meet today’s business and management challenges. Learn the necessary skills to succeed with UVM’s Leadership and Management Professional Certificate. Comprised of a series of eight, day-long, locally-held seminars, you can choose seminars a la carte or attend all eight to complete your certificate. Click here.

• Project management is one of the most important and sought-after skills in today’s fast-paced business environment. Get the tools and techniques to improve approaches and outcomes to project management with UVM’s Project Management Professional Certificate, a series of five, local, day-long seminars. Click here.

• Develop techniques and explore practical solutions to the biggest challenges facing today’s healthcare managers through five, day-long interactive seminars in UVM’s Healthcare Management and Leadership Professional Certificate. Click here.

• Now accepting applications for our 2018 growing season, UVM’s Farmer Training Program is a six-month, hands-on program designed to teach food systems advocates and aspiring farmers the skills to start a new farm business, experience organic crop production from seed to market, and gain a network of people to provide support and guidance. Click here.

Visionaries wanted: UVM is now enrolling for its 3-week Breakthrough Leaders for Sustainable Food Systems Certificate Program. Gain an understanding of the issues we face on account of our broken food system, engage with local organizations involved in the sustainability movement, and create forward-thinking solutions that you can apply to your own community. Click here.

Clinical and Translational Research Courses
Join our classes to learn and improve your research skills. Small group settings provide individual attention and opportunity to share your research ideas and projects. Classes include “Designing Clinical & Translational Research” and “Cell to Society – Cardiovascular Disease.” Contact Sylvie.Frisbie@uvm.edu or call (802) 656-4560 for information.

Champlain College Offers Online Degree and Certificate Programs to UVM Health Network Employees
Are you considering going back to school to complete a degree or a professional certificate? UVM Health Network has teamed up with Champlain College to offer online degree and certificate programs at a significant tuition discount to support your continuing education goals. Champlain
College’s truEd Program provides an opportunity to earn an associate, bachelor or master’s degree, undergraduate or graduate certificate.

As an employee of the UVM Health Network, you will have access to over 50 online programs at a 50% discount off standard tuition for our online undergraduate and graduate programs. This benefit has now been extended to part-time employees, spouses and adult dependent children (ages 23-26). For further information, click here.

**Walden University Partners with The University of Vermont Health Network**
Walden University is pleased to partner with UVM Health Network to help working adults continue their education so they can make even greater contributions in their health care organizations. Walden is offering substantial incentives for the new competency-based [Tempo Learning platform](#) for the MHA and MBA/Project Management. To review and to request information, click here, or contact Julie Westcot at [Julie.westcot@walendu.edu](mailto:Julie.westcot@walendu.edu) to start your journey.

**Utica College Partners with The University of Vermont Health Network**
UVM Health Network employees can now earn an advanced degree entirely online and receive 10% in tuition savings! Click here to view online program offers.

**Learn About Chamberlain University, Our New Educational Partner**
The University of Vermont Health Network’s partnership with Chamberlain provides you many benefits for the above online degree programs, including:

- A group-specific tuition rate, a 20% tuition savings
- Waived application fee
- Complimentary transcript request and evaluation service upon completing an application for admission

**Online On Your Time at Chamberlain:**

- 100% online coursework
- No mandatory login or chat times
- You’ll have 24 hour access to support services such as:
  o Library
  o Complimentary tutoring assistance
  o Academic support designed for online students
  o Technical Support

Chamberlain’s online nursing degree programs include:

*(Program availability varies by state)*

- RN to BSN Degree Completion Option
- RN-BSN to MSN Option
- Master of Science in Nursing (MSN) Degree Program
- Graduate Certificate Programs
• Doctor of Nursing Practice (DNP) Program

Chamberlain also offers a **Master of Public Health** (MPH) degree program for nurses and non-nurses.

[Click here to learn more](#) about the online degree programs and options offered at Chamberlain or call (866) 271-5120.

**Upcoming Conferences and Workshops – CME**
For information, call Continuing Medical Education Office at (802) 656-2292 or click [here](#).

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*Please contact Pam Mosher at [Pamela.Mosher@uvmhealth.org](mailto:Pamela.Mosher@uvmhealth.org) with any questions regarding the UVMMC Events Newsletter.*