



# EVENT CALENDAR

What's Happening at The University of Vermont Medical Center

**Monday, July 30, - Friday, August 10, 2018**

**Wednesday, August 1**

**Educational Offerings: Chamberlain University Student and Alumni Luncheon Celebration**

Join fellow Chamberlain students and alumni in a celebratory luncheon.

**Who:** You and a guest

**What:** A luncheon celebrating your accomplishments

**Why:** Network with fellow UVM Health Network RNs, Chamberlain students and Chamberlain alumni

**Where:** Medical Center Campus, Smith 271

**When:** 12 noon-1 pm

**Happy Hour at the Garden Atrium**

Shortcake with Seasonal Fruit – Shortcake with strawberries, blueberries and blackberries, 3-4 pm

**Thursday, August 2**

**“Thoracic Ultrasound in the OR”**

Mark Hamlin, MD, Anesthesiology Grand Rounds, 7-8 am, Medical Education Center, Sullivan Classroom #200

**Indoor Farmers' Market**

Come support your local farmers and get some fresh local product! 2:30-5 pm, Davis Concourse. CROP CASH is now available. CROP CASH is free market money that is given to customers when they spend their 3SquaresVT benefits at participating markets. For information on 3SquaresVT, call 2-1-1 or click [here](#). For information on CROP CASH, click [here](#).

**Friday, August 3 - Sunday, August 5**

**Ace Bucket Days!**

Make a \$5 donation to the UVM Children's Hospital and get a 5-gallon Ace Blue Bucket for FREE! Bonus- you will receive 20% off all items you fit inside the bucket for purchase. That's a win-win-win for you, for our Ace Retailers and for our UVM Children's Hospital patients and families.

### **Friday, August 3**

#### **Mindful Pause Practice**

Take a mindful pause during the workday – this will recharge our battery and resetting our focus is essential. The Mindful Pause Practice will be led by Employee and Family Assistance Program. Please join us. All are welcome – no experience necessary. 11:30am-12:00pm, Frymoyer Community Health Resource Center, Medical Center Campus, Level 3, Main Pavilion. No registration required. Questions? Call (802) 847-8821 or email [resourcecenter@uvmhealth.org](mailto:resourcecenter@uvmhealth.org).

#### **Red Cross Blood Drive**

The American Red Cross is holding a blood drive, 10 am-3 pm, McClure Lobby Conference Room. To schedule an appointment, click [here](#) or call American Red Cross at 1(800) 733-2767.

### **Saturday, August 4**

#### **Calling All Art Lovers!**

Join us for a Sketch Sale featuring The Drawings of Paul Leroy Finn, 10 am-4 pm, Old Stone Church, Church Street, Essex NY. Proceeds will benefit the Children's Specialty Center at UVM Children's Hospital in honor of Atticus Finn.

### **Sunday, August 5**

#### **Lake Champlain Dragon Boat Festival**

Come cheer on your colleagues and Employee Wellness for the Lake Champlain Dragon Boat Festival at Waterfront Park in Burlington. The proceeds from this year's festival benefit The UVM Cancer Center's Integrative Therapies. The event itself is a day full of family-friendly events not only in the water but on the shore including live entertainment, music, dance and food. Contact Employee Wellness at [wellness@uvmhealth.org](mailto:wellness@uvmhealth.org) for more information.

### **Tuesday, August 7**

#### **Denim Day**

August's Denim Day is helping to build a place with privacy for patients, space for loved ones, and an overall healing environment – The Robert E. and Holly D. Miller Building. Click [here](#) to donate or to become an Ambassador if you are interested in helping to promote Denim Day, recruit your colleagues to participate and collect donations. If you are unable to wear denim in your area, you can still make a donation and show your support by wearing **GREEN** (this month's "spirit" color). For more information, contact Shelby McGarry at (802) 656-4416.

### **Wednesday, August 8**

#### **Blood Pressure Screenings**

Employee Wellness will be conducting blood pressure screenings for employees and volunteers. 11 am-1 pm, Fry Moyer Community Health Resource Center, Medical Center Campus, Level 3 Main Pavilion. No registration required. If questions, call (802) 847-8821 or email [resourcecenter@uvmhealth.org](mailto:resourcecenter@uvmhealth.org).

#### **Dealing with Pain in the Neck! (& Shoulders) Workshop**

A pain in the neck, literally and figuratively, can be challenging. Learn how to dissolve that pain with acupressure, aromatherapy, focused awareness, mindful breathing and humor. You will make

a customized aromatherapy inhaler and receive a detailed instructional sheet. Taught by Catherine Cerulli, M.D., Integrative Healing Arts Educator, 11:30 am-12:30 pm, Frymoyer Community Health Resource Center, Medical Center Campus, Level 3, Main Pavilion. Registration is preferred as space is limited. To register or for more information, call (802) 847-8821 or email [resourcecenter@uvmhealth.org](mailto:resourcecenter@uvmhealth.org).

### **Happy Hour at the Garden Atrium**

Banana Whoopie Pie with chocolate ganache and vanilla buttercream filling, 3-4 pm

### **Thursday, August 9, and Friday, August 10**

#### **Faculty Development Workshop: “Interprofessional Faculty Development in Simulation”**

This two-day workshop is designed to promote faculty development and interprofessional collaboration in simulation within health care curricula. Larner College of Medicine at UVM, UVM College of Nursing and Health Sciences and UVM Medical Center faculty are welcome. Limited to 12 participants. 7:30 am-4:00 pm, UVM Clinical Simulation Laboratory, 237 Rowell Building 106. To register, contact [trish.hartigan@med.uvm.edu](mailto:trish.hartigan@med.uvm.edu) or call (802) 656-0748.

### **Thursday, August 9**

#### **TBD**

Anesthesiology Grand Rounds, 7-8 am, Medical Education Center, Sullivan Classroom #200

#### **“Cricoid, Checklists, Capnography, Catecholamines: Lessons Learned from Video Review of an Airway Case”**

Reuben Strayer, MD, FRCPC, FAAEM, Malmonides Medical Center, Brooklyn, NY, Emergency Medicine Grand Rounds, 12 noon-1 pm, Davis Auditorium

#### **Wellness Offerings: Tabling for Health Assessment Support**

Employee Wellness will be available during the following dates and times for health assessment support. Having an issue logging on or have a question? Come see us! 11am-1 pm, 1 South Prospect Street Campus Pavilion Cafeteria

#### **Indoor Farmers’ Market**

Come support your local farmers and get some fresh local product! 2:30-5 pm, Davis Concourse. CROP CASH is now available. CROP CASH is free market money that is given to customers when they spend their 3SquaresVT benefits at participating markets. For information on 3SquaresVT, call 2-1-1 or click [here](#). For information on CROP CASH, click [here](#).

### **Friday, August 10**

#### **Mindful Pause Drop-in Practice**

Take a mindful pause during the workday – this will recharge our battery and resetting our focus is essential. The Mindful Pause Practice will be led by Employee and Family Assistance Program. Please join us. All are welcome – no experience necessary. 11:30am-12:00pm, Frymoyer Community Health Resource Center, Medical Center Campus, Level 3, Main Pavilion. No registration required. Questions? Call (802) 847-8821 or email [resourcecenter@uvmhealth.org](mailto:resourcecenter@uvmhealth.org).

### **Victoria Reed Celebration Golf Tournament**

Join us for the Victoria Reed Celebration Golf Tournament at the Bakersfield Country Club benefitting UVM Children's Hospital Neonatal Intensive Care Unit. To register a team, to sponsor or for more information, contact Ramona Reed at (802) 999-2783 or [ramonareed77@gmail.com](mailto:ramonareed77@gmail.com).

### **UPCOMING EVENTS/PROGRAMS**

#### **UVM Children's Hospital Fiddlehead Brewing Company Fundraiser**

Now through October, Fiddlehead Brewing Company is donating 25% of Mastermind can sales, a special IPA, to the UVM Children's Hospital. Funds will support our Neonatal Intensive Care Unit. Follow @FiddleheadBrewingCompany for more special events and can release dates.

#### **Nutrition Services' Lobster Sale – Farmers' Market – August 23 / PRE-ORDER by August 17**

\$7.00 per live lobster (1-1 ¼ lbs – minimum of 2 each); 1 lb frozen lobster meat \$31.00. **Pre-orders only for live and frozen lobster by 3:00 pm Friday, August 17.** Sign-up sheets are located in Main Street Café and at the Thursday Farmers' Market or you can email your order to: [nutritionservices2@uvmhealth.org](mailto:nutritionservices2@uvmhealth.org). Cash, check, credit or debit accepted. Pick-up time is 2:30-4:30 pm at Loading Dock B next to McClure Circle. Be sure to bring a cooler to pick up your lobsters!

#### **UVM Medical Center Presents Free Nights at the Ballpark! – August 21**

Employees and volunteers bring your ID badge to get free admission for you and your family to a Lake Monster game:

- August 21 – 7:05 pm – Aberdeen IronBirds--Lake Monster player figurine giveaway to the first 1,000 fans. After the game, kids (12 and under) can go out on Centennial Field and run the bases.

Gate opens one hour prior to game time.

#### **The Little Heart Beats Softball Tournament – August 25-26**

Gather your friends, family and neighbors and register a team for The Little Heart Beats Softball Tournament. Proceeds will benefit our Neonatal Intensive Care Unit. Contact Emily Peavey for more details at [peaveyemily10@gmail.com](mailto:peaveyemily10@gmail.com).

#### **Bleeding Control Course (B-CON) - Open to All Employees and the Public!**

"Stop the Bleed" is a national campaign started by the White House to address the most common cause of preventable trauma death in the US: uncontrolled bleeding. No matter how rapid the arrival of professional emergency responders, bystanders will always be the first on the scene. We want to ensure that everyone is knowledgeable in the use of compression or a tourniquet in trying to stop uncontrolled bleeding. Training consists of a presentation, opportunity for discussion and a hands-on skills station. If not available to attend any of these sessions, contact us to have training

done for your department or unit – RSVP or questions: [BleedingControl@uvmhealth.org](mailto:BleedingControl@uvmhealth.org).

**Date:** Tuesday, August 28

**Location:** McClure Lobby Conference Room

**Time:** 11 am-12 noon **and** 12 noon-1 pm

**Date:** Wednesday, September 19

**Location:** McClure Lobby Conference Room

**Time:** 2-3 pm **and** 3-4 pm

### **Pride Parade & Festival – September 8**

Join us at the Pride Parade & Festival. If you are interested in walking as part of the UVM Medical Center Pride parade team or volunteering to be part of the parade planning committee, contact Thifeen Waheed Deen for further information or to sign up – [twd@uvmhealth.org](mailto:twd@uvmhealth.org). 11 am-2 pm, Battery Park, Burlington

### **Congenital Cytomegalovirus (CMV) Public Health & Policy Conference – September 23-25**

Registration and parent scholarships are now OPEN for the 2018 Congenital CMV conference. The goal is to present the latest research on diagnosis and treatment, raise awareness, delineate prevention efforts, provide information about early intervention options and disseminate family support resources in an effort to reduce the number of babies born with CMV and connect families affected by CMV with the resources they need to improve their quality of life. Don't forget to register for one of the four pre-sessions offered on September 23 to enhance conference learning. For more information and to register, click [here](#). Location: DoubleTree Hotel, Burlington

### **6<sup>th</sup> Annual Vermont Center on Behavior and Health Conference – October 11-12**

#### **“The U.S. Opioid Epidemic: The Need for Innovation and Grater Treatment Capacity”**

This conference will focus on the nation's opioid epidemic, improving access to treatment, and effective pain/addiction management. Keynote speaker: Sharon Walsh, PhD, Director of the Center on Drug and Alcohol Research, and Professor of Psychiatry at the University of Kentucky. We are also announcing the call for poster abstract focused on research related to the opioid dependence epidemic. Abstracts will be evaluated on the basis of scientific merit. Send submissions (including title, authors, affiliations, and 250-word abstract) to Diann Gaalema at [diann.gaalema@med.uvm.edu](mailto:diann.gaalema@med.uvm.edu) by July 31. For conference information, click [here](#); for general information, contact Marissa Wells at [mwells2@uvm.edu](mailto:mwells2@uvm.edu). Can't attend the conference? Watch it LIVE at <https://livestream.com/VCBH/Conferene2018>

### **Summer Opportunities with Nutrition Services**

Join The University of Vermont Medical Center's group of over 750 volunteers and have some fun this year with one of the following Nutrition Services summer programs. From picking ripe tomatoes or harvesting herbs for tea to beekeeping or distributing farm-fresh food to our patients, there are several opportunities to join in this fun and rewarding community. For more information about the volunteer opportunities, contact Lisa Hoare at [lisa.hoare@uvmhealth.org](mailto:lisa.hoare@uvmhealth.org) or call (802) 847-3833.

### **One-on-One Financial Counseling – Take Control of Your Financial World!**

UVM Medical Center is offering a class for employees to meet with a NEFCU advisor to help with budgeting and financial counseling. NEFUC Branch, McClure 2 connector. Contact Amanda

Seeholzer to schedule a time to meet with a NEFCU advisor. She can be reached via email at [seeholzer@nefcu.com](mailto:seeholzer@nefcu.com) or by phone at (802) 764-2674.

### **Vermont Lung Center - Weight Loss Research Study for Asthmatics**

If you overweight, have access to the internet and have asthma you may be eligible to participate in a Vermont Lung Center study research program that involves an online weight loss program and six clinic visits. This is a six-month weight loss educational program to change diet and exercise habits and is provided at no cost to volunteers who qualify. Please call (802) 847-2193 for more information.

### **Research Study Volunteers Needed: “Migraine and the Microbiome”**

Are the organisms in your gut associated with migraine? As part of a research study to examine whether your gut “microbiome” is related to migraine, clinicians in the UVM Medical Center Neurology Service are looking for volunteers with migraine who:

- Are female
- Are 18-50 years old
- Have at least one sister who DOES NOT have migraine and also agrees to participate in the study (Note: The sibling does not have to live in Vermont.)

Volunteers with migraine will be asked to complete a brief research visit at the Office of Clinical Trials Research at UHC; then collect 2 stool samples (in the comfort of your home). We provide pre-addressed, pre-paid mailers for each sample.

Subjects will be given a \$15 Amazon gift card for each sample received.

For more information, call the clinical coordinator Sean Linehan at (802) 656-9402.

### **Healthy Volunteers Age 18-50 Needed for Research Study**

Healthy volunteers age 18-50 needed for a research study to help develop a Zika Vaccine. 6-month, outpatient study. Up to \$1,490 compensation. For more information, call (802) 656-0013, email [UVMVTC@UVM.edu](mailto:UVMVTC@UVM.edu) or click [here](#) to visit the website.

### **Volunteer for a Research Study!**

We are looking for volunteers to participate in a nutrition intervention seeking to better understand the potential benefits of dairy fat against type2 diabetes. Study conducted at The University of Vermont Clinical Research Center (CRC).

Qualified participants must be: overweight men and women ages 50-65; having consistent dietary habits that include dairy products; available for eight consecutive weeks. \$1,000 compensation is provided if you qualify and complete the study. For more information and to schedule a screening, call (802) 656-9422 and leave your name and contact number or email [debourne@uvm.edu](mailto:debourne@uvm.edu) (email is preferred).

## **Wellness Offerings**

### **2018 Health Assessment Campaign- Have Lunch on Wellness during the month of August**

Have lunch on Wellness by completing your online health assessment, a brief 10-minute health questionnaire, by August 31 (click [here](#)). Send your certificate of completion to Employee Wellness and you will earn a free \$5 lunch pass to use at any of the UVM Medical Center cafes or an insulated lunch bag. All employees will also be entered into a drawing for one of two \$25 gift cards. To submit your Certificate of Completion (see instructions below), fax it (802) 847-8049; interoffice mail or drop off - Employee Wellness, 1 South Prospect, Room 4313. Include your name and office location so your incentive can be delivered to you.

Here's how to print your certificate of completion:

- Click [here](#) to log into the Employee Wellness portal
- Click on the Take Your Health Assessment icon on the top left corner
- From there, locate the heading Health Assessment Report on the top left bar
- On the right side panel, under the heading View and Print Options, select the report type Certificate of Completion
- Print the report and either interoffice mail or fax to Employee Wellness

### **Have Employee Wellness present at your next staff meeting**

Employee Wellness would like to attend your next staff meeting in August. We will present on our current 2018 incentive platform and how employees can earn up to \$200 in their paycheck. The length of the presentation would be approximately 10-15 minutes and can be tailored to meet the needs of your department. Email [wellness@uvmhealth.org](mailto:wellness@uvmhealth.org) with your department's name, location, preferred date(s) and the number of employees attending. Please note - our team will try to accommodate as many requests as possible pending scheduling availability.

### **Mindful Pause Drop-in Practice**

Take a mindful pause during the workday – this will recharge our battery and resetting our focus is essential. Please join us. All are welcome – no experience necessary – no registration required

- **Thursdays – 12:15-12:45 pm:** Led by Child Psychiatry and Employee and Family Assistance, 1 So. Prospect St., Arnold 6410. If questions, email [efap@uvmhealth.org](mailto:efap@uvmhealth.org).
- **Fridays – 11:30 am-12 noon:** Offered by Employee and Family Assistance, Frymoyer Community Health Resource Center, Medical Center Campus, Level 3, Main Pavilion. If questions, email [resourcecenter@uvmhealth.org](mailto:resourcecenter@uvmhealth.org).

### **Tabling for Health Assessment Support**

Employee Wellness will be available during the following dates and times for health assessment support. Having an issue logging on or have a question? Come see us!

- Fanny Allen Campus Dunbar Café: **8/14** - 11:30-1 pm
- 1 South Prospect Street Campus Pavilion Cafeteria: **8/21** - 11am-1pm
- 40 IDX Drive: **8/26** - 11:45 am-1:45 pm

- Medical Center Campus Main Street Café: **8/27, 9/11** - 11:30 am-1 pm

### **Frymoyer Drop in Blood Pressure Clinic – September 12**

Take charge of your health! Employee Wellness will be conducting blood pressure screenings for employees and volunteers. No registration required. 11 am-1 pm, Frymoyer Community Health Resource Center, Medical Center Campus, Level 3, Main Pavilion.

### **2018 Employee Wellness Incentives – Complete by 8/31/18**

In 2018, Employee Wellness will help you find your starting point on your journey to health and wellbeing. Wellness activities engage employees in the five dimensions of wellbeing that promote better work-life balance, better health, increased happiness and more energy at work and at home! All UVM Medical Center employees are eligible for up to \$200 for completing the following incentives:

- Participate in a biometric screening - \$25 instant gift card
- Online health assessment - \$30
- Know Your Score - \$30
- Preventive Health Visit - \$35
- Dimension of Wellbeing Activity - \$50
- Building Resilience through targeted stress reduction activities - \$30

All incentives must be completed by 8/31/18 and will be paid at one-time payout on 9/28/18. Visit the Employee Wellness intranet page on HR Central to find out more about how to claim your incentives or click [here](#) to visit our website and report your incentives starting on 1/9/18.

### **Mindfulness Tools for Health and Wellbeing Three-week Series - October Offerings**

Relieve stress and encourage wellbeing through mindfulness meditation practice. Introduction to mindfulness meditation through guided practices and discussion. Sponsored in partnership with the Employee and Family Assistance Program and Employee Wellness. You will learn:

- What mindfulness means
- Mindfulness meditation may be easier to practice than you think
- How mindfulness can help relieve stress and anxiety
- Ways to be more mindful in your life and work as a daily practice for self-care

**Wednesdays** - October 3, 10, 17 2018 12 noon-1 pm, 1 So. Prospect St. Arnold 6410

Roz Grossman, MA, offers mindfulness meditation and has taught workshops to cancer patients at the UVM Medical Center since 2010. She has received training in the Mindfulness-Based Stress Reduction (MBSR) Program started by Jon Kabat-Zinn. She has a background in nursing and health education. Roz has had a personal meditation practice for over 20 years.

To register in eLearn, click [here](#). Questions? Email [wellness@uvmhealth.org](mailto:wellness@uvmhealth.org).



### **greenride bikeshare**

Announcing Vermont's first full-scale public bike share system! This is a fun 24/7 transportation system. It is designed for short point-to-point trips. Users download the mobile app, sign up and then pick up a bike from any of the convenient bike hubs around Burlington, Winooski and South Burlington. UVM Medical Center employees are eligible for a discounted Annual Membership of \$25/year (that's only \$2 per month). To sign up for the Campus Plan, click [here](#).

For more information on this program, click [here](#) to visit the CATMA website.

### **Calling Wellbeing Ambassadors!**

Employee Wellness is looking for Wellbeing ambassadors who are interested, engaged and motivated in creating wellness opportunities and promoting healthy choices throughout the work week. The ambassadors will serve as key communicators for Employee Wellness in wellness programming and will help spread the word of wellness initiatives and campaigns throughout the year. Participation in this program will require between 10 minutes to one hour a month, depending on your departments choice of engagement. All ambassadors are encouraged to work with their leaders to seek their support in promoting a culture of health and wellbeing in the workplace. If you are interested in becoming a Wellbeing ambassador or would like to recommend someone from your team or department, please email [wellness@uvmhealth.org](mailto:wellness@uvmhealth.org) today.

### **Join the Employee Wellness Facebook Group**

Get connected to Employee Wellness and [join the Facebook Group](#) today! By joining you will learn about events taking place across the organization, tips and resources to focus on your wellbeing at work and at home and more. This is also a great resource to get connected with your coworkers, ask questions, post photos and start conversation. Is there a group that walks every day? When is the next fitness campaign? What is for lunch today? Find this out and more by joining today.

### **Workplace Presentation**

The Employee and Assistance Program (EFAP) is available to present at departmental staff meetings on a variety of topics to include: Communication and Conflict Resolution, Stress Management, Mindfulness, Substance Abuse, Depression, Anxiety, Balancing Work and Home, Grief and Loss and various human problems. The goals of these presentations are to increase awareness about how stress informs and shapes these factors and affects the workforce and ourselves individually. Our approach is solution-oriented. The focus is to build a healthy workforce through activating self-care and wellness principles and practices. If you are interested in having EFAP present one of these talks at your staff meeting, please call (802) 847-2827 or email [EFAP@UVMHealth.org](mailto:EFAP@UVMHealth.org) to schedule a time.

### **Employee Tobacco Cessation Program**

Most tobacco users quit several times before they are successful. Here at The University of Vermont Medical Center, we believe that every try counts! The employee tobacco cessation program offers a supportive approach to help you and your household family members become tobacco-free for life. If you are ready to try again, contact (802) 847-2827, or email

[wellness@uvmhealth.org](mailto:wellness@uvmhealth.org) to register. You will receive coaching and a one-month supply of free patches, gum or lozenges.

### **Community Tobacco Cessation Program**

Free five-week quit groups available. Receive FREE 10-week supply of gum, patches or lozenges when you participate. Classes are held at various locations around Chittenden County. Call for upcoming dates and times, (802) 847-7333 or [QuitTobaccoClass@UVMHealth.org](mailto:QuitTobaccoClass@UVMHealth.org)

### **Educational Offerings**

#### **Chamberlain University Student and Alumni Luncheon Celebration – August 1**

Join fellow Chamberlain students and alumni in a celebratory luncheon.

**Who:** You and a guest

**What:** A luncheon celebration your accomplishments

**Why:** Network with fellow UVM Health Network RNs, Chamberlain students and Chamberlain alumni

**Where:** Medical Center Campus, Smith 271

**When:** 12 noon-1 pm

### **Feeling Unsatisfied? You Have Options.**

It just takes one small step forward in a new direction to catalyze incredible change. At the University of Vermont, we've helped thousands of non-traditional, part-time students alter the direction of their lives through Continuing and Distance Education. With more than 40 programs and 400 courses designed to help you make the most of your time and talent, we believe that no one should feel stuck in an unsatisfying career, and that individual and academic growth can continue well beyond your high school diploma or undergraduate/graduate degree.

- Check out some of our upcoming programs developed for your success in the 21<sup>st</sup> century job market—including our popular **End of Life Doula Professional Certificate**, our top-ranked **Digital Marketing Fundamentals** program, and our brand-new **Unmanned Aircraft Systems (UAS)/Drone Workshop**—and take that first step with UVM.
- Explore public health and policy issues while gaining a strong foundation in population health sciences in UVM's top-ranked, online **Master of Public Health**. [Click here](#).
- With both field and classroom site components, learn both how to operate drones to collect data and how to use the latest technology to turn drone photos into information that can be used for a variety of applications in UVM's new, 3-day summer program, **Unmanned Aircraft System (UAS)/Drone Workshop**. [Click here](#).
- Looking to become a stronger applicant to medical or other health-professional schools? UVM's **Master of Medical Science Degree** program can help you enhance your credentials through an advanced science curriculum that includes access to research, patient care, and volunteer opportunities, designed to help you achieve your goal of working in healthcare. [Click here](#).
- Help meet the growing demand for compassionate care for the dying with UVM's popular, fully online **End of Life Care Professional Certificate** program, providing clients with

individualized support and promoting personalized, even positive dying passages for clients and their loved ones. [Click here](#).

- UVM offers four, 1-year, 18-credit graduate certificate programs in Public Health designed for those interested in pursuing a career in Public Health or enhancing their credentials in the field. Available options include certificates in **Public Health** (general), **Epidemiology**, **Global and Environmental Health**, and **Healthcare Management and Policy**. [Click here](#).
- Do you dream of becoming a doctor or other healthcare professional but lack the required courses to apply to medical school? UVM's **Post-Baccalaureate Premedical Program** is designed to provide you with the prerequisite coursework and access to research and direct patient care experiences you need to achieve your career goals. [Click here](#).
- Learn the essential skills to launch a career in the competitive craft beer industry with UVM's **Business of Craft Beer Certificate program**. [Click here](#).
- Build effective strategies to connect with consumers using the latest research and trends in UVM's top-ranked **Digital Marketing Fundamentals Professional Certificate program**. [Click here](#).
- An increasingly global and diverse workplace requires leaders who can meet today's business and management challenges. Learn the necessary skills to succeed with UVM's **Leadership and Management Professional Certificate**. Comprised of a series of eight, day-long, locally-held seminars, you can choose seminars a la carte or attend all eight to complete your certificate. [Click here](#).
- Project management is one of the most important and sought-after skills in today's fast-paced business environment. Get the tools and techniques to improve approaches and outcomes to project management with UVM's **Project Management Professional Certificate**, a series of five, local, day-long seminars. [Click here](#).

Interested in exploring a specific area of study? **Registration is open for [Summer University!](#)** Comprised of more than 500 [courses](#) (200+ available online!), Summer University provides an incredible opportunity for students of all ages to earn credits or take a course just for fun.

Visionaries wanted: UVM is now enrolling for its 3-week **Breakthrough Leaders for Sustainable Food Systems Certificate Program**. Gain an understanding of the issues we face on account of our broken food system, engage with local organizations involved in the sustainability movement, and create forward-thinking solutions that you can apply to your own community. [Click here](#).

### **Clinical and Translational Research Courses**

Join our classes to learn and improve your research skills. Small group settings provide individual attention and opportunity to share your research ideas and projects. Classes include "Designing Clinical & Translational Research" and "Cell to Society – Cardiovascular Disease." Contact [Sylvie.Frisbie@uvm.edu](mailto:Sylvie.Frisbie@uvm.edu) or call (802) 656-4560 for information.

### **Champlain College Offers Online Degree and Certificate Programs to UVM Health Network Employees**

Are you considering going back to school to complete a degree or a professional certificate? UVM

Health Network has teamed up with Champlain College to offer online degree and certificate programs at a significant tuition discount to support your continuing education goals. Champlain College's truEd Program provides an opportunity to earn an associate, bachelor or master's degree, undergraduate or graduate certificate.

As an employee of the UVM Health Network, you will have access to over 50 online programs at a 50% discount off standard tuition for our online undergraduate and graduate programs. This benefit has now been extended to part-time employees, spouses and adult dependent children (ages 23-26). For further information, click [here](#).

### **Walden University Partners with The University of Vermont Health Network**

Walden University is pleased to partner with UVM Health Network to help working adults continue their education so they can make even greater contributions in their health care organizations. Walden is offering substantial incentives for the new competency-based [Tempo Learning platform](#) for the MHA and MBA/Project Management. To review and to request information, [click here](#), or contact Julie Westcot at [Julie.westcot@walendu.edu](mailto:Julie.westcot@walendu.edu) to start your journey.

### **Utica College Partners with The University of Vermont Health Network**

UVM Health Network employees can now earn an advanced degree entirely online and receive 10% in tuition savings! Click [here](#) to view online program offers.

### **Learn About Chamberlain University, Our New Educational Partner**

The University of Vermont Health Network's partnership with Chamberlain provides you many benefits for the above online degree programs, including:

- A group-specific tuition rate, a 20% tuition savings
- Waived application fee
- Complimentary transcript request and evaluation service upon completing an application for admission

Online On Your Time at Chamberlain:

- 100% online coursework
- No mandatory login or chat times
- You'll have 24 hour access to support services such as:
  - Library
  - Complimentary tutoring assistance
  - Academic support designed for online students
  - Technical Support

Chamberlain's online nursing degree programs include:  
*(Program availability varies by state)*

- RN to BSN Degree Completion Option
- RN-BSN to MSN Option

- Master of Science in Nursing (MSN) Degree Program
- Graduate Certificate Programs
- Doctor of Nursing Practice (DNP) Program

Chamberlain also offers a **Master of Public Health (MPH)** degree program for nurses and non-nurses.

[Click here to learn more](#) about the online degree programs and options offered at Chamberlain or call (866) 271-5120.

### **Continuing Medical and Interprofessional Education Offerings Eastern International Imaging Symposium**

September 28-30, 2018

Trader Duke's Hotel (*formerly DoubleTree*), South Burlington, VT

### **Women's Health & Cancer Conference**

October 5, 2018

DoubleTree Hotel (*formerly the Sheraton*), Burlington, VT

### **16<sup>th</sup> Annual Northern New England Critical Care Conference**

October 11-13, 2018

Stoweflake Resort and Conference Center, Stowe, VT

### **Advanced Dermatology for Primary Care**

October 18-21, 2018

Hilton Hotel, Burlington, VT

### **Neurology for the Non-Neurologist**

October 28, 2018, TBD

### **NNE Neurological Society Annual Meeting**

October 28-29, 2018, TBD

For information, call Continuing Medical and Interprofessional Education at (802) 656-2292 or click [here](#).

***Please contact Pam Mosher at [Pamela.Mosher@uvmhealth.org](mailto:Pamela.Mosher@uvmhealth.org) with any questions regarding the UVMMC Events Newsletter.***