

UVMHC Headache Fellowship

Rebecca Burch, MD (Fellowship director)

Allyson Bazarsky, DO (Division Chief and former fellowship director)

Bob Shapiro, MD (Founding fellowship director)

Katherine Wayman
Adam Sprouse-Blum

Andrea Regan (2023-2025)

Kelly Xing (2025)

Structure

- UCNS accredited; fellowship director consortium organized by American Headache Society
- 12 month full time equivalent; part time allowed
- Outpatient-based
 - Mix of in-person and virtual appointments
 - Headache only - not general neurology
- Electives in neuro-ophthalmology, comprehensive pain program, sleep medicine, per fellow interest
- Credentialed as attendings
- Graduated increase in responsibility
 - Every visit discussed and precepted in person
 - Every visit discussed in real time but not precepted in person
 - Visits discussed at end of session
 - Visits discussed as needed (directed by fellow)
- Procedures: botox, occipital/auriculotemporal/ supratrochlear/supraorbital nerve blocks, trigger point injections

Other activities

- Research or QI project during the year
- Advocacy project through Miles for Migraine advocacy for fellows training program
- Research presentation at Headache Cooperative of New England winter meeting
- Attendance at regional and national meetings supported

Challenges

- Space constraints
- Attendings making time for precepting when access is already limited
- For non-neurology fellows, teaching neurology as well as headache medicine
- Headache fellows currently do not connect with inpatient headache admissions or ED consults
- Fellows don't get inbasket messages directly much of the time

Goals

- Formalize curriculum and journal club
- Formalize research planning and supervision process
- Work with clinic staff to allow more in person clinic time
- Continue to recruit a fellow each year