

From: Melancon, Sir Norman T [<mailto:sir.norman.t.melancon@vanderbilt.edu>]
Sent: Monday, July 17, 2017 10:18 PM
To: StudentCOMServices <StudentCOMServices@med.uvm.edu>
Subject: Humanistic Elective for 4th Years

Hello-

My name is Sir Norman Melancon and I'm a 4th year medical student at Vanderbilt as well as the student body executive president. Additionally, I'm one of the student planners for a yearly elective called HEART-IM (Humanistic Elective in Activism, Reflective Transformation, and Integrative Medicine). It occurs every April after match and is meant to be a capstone to medical school for 4th years, focused on reflecting on the last 4 years and orienting yourself toward a life of service, activism, and understanding. Please see the attached flyer and website for more information: <http://www.amsa.org/heart>

**I was wondering if you would be able to advertise HEART-IM to the current 4th year class. We are currently accepting applications and would greatly appreciate if you could send it to your students, especially as we are focusing more on medical activism this year. We would love representation from UVM!

Let me know if this sounds like an appropriate request.

Warmly,
Sir Norman

Sir Norman T. Melancon
M.D. Candidate 2018 | Vanderbilt
B.A. Dartmouth College

Can you think of a better way to conclude your medical school experience than a **month-long intensive clerkship in the California Redwood Forest?**

Humanistic Elective in Activism, Reflective Transformation, and Integrative Medicine (HEART-IM)

March 26 to April 20, 2018

[Quaker Center](#), Ben Lomond, CA

HEART-IM is an AMSA sponsored elective clerkship for fourth-year medical students to explore what it means to be a healer and how we can embody that identity throughout our careers. Twenty-five students from around the country will spend four weeks **living cooperatively** at a retreat center in the redwoods practicing various forms of **integrative medicine**, gaining tools to incorporate **patient advocacy** and **social justice** into their careers, and **reflecting** on their path to becoming healer-physicians. Expert physicians, healers, and teachers will lead **didactic and experiential sessions** in topics including:

- effective communication
- physician wellness
- end-of-life care
- narrative medicine
- social determinants of health
- energy medicine
- integrative medicine for underserved populations
- reflective and meditative practices
- clinical nutrition

Time for individual and group reflection, informal teaching and learning from each other, and exploring the outdoors will be planned into a robust schedule. Students will receive 4 weeks of elective credit.

For more information and to apply, visit our website at <http://www.amsa.org/heart>

Questions? Contact the HEART Student Leadership Team at heart@amsa.org.

We are striving to make HEART-IM accessible to all and have a limited amount of financial aid funds for tuition assistance. If it would be a hardship to attend at the regular tuition rate, please email heart@amsa.org. More information about tuition can be found on the HEART website.