



The University of Vermont
LARNER COLLEGE OF MEDICINE

UVM Rural Health Longitudinal Integrated Curriculum
Hudson Headwaters Health Network, Queensbury, New York

APPLICATION for AY 2018-2019
Application Deadline: September 8, 2017

Name:
Email:

Date:
Phone:

Please answer each the following questions in <200 words.

- 1. What are your expectations of the UVM's Longitudinal Integrated Clerkship (LIC)? Please provide at least two concrete examples of how the LIC would help fulfill your career goals.**
- 2. Given the goals of the LIC, please state why you feel you should be a part of this program?**
- 3. Participating in the program requires a great deal of autonomy and flexibility. Please provide examples of when you demonstrated independent skills and flexibility while working in a group setting.**
- 4. Tell us about a project or activity in which you were a key member. What was your role? What aspects of the process did you enjoy the most? What about the process was the most challenging?**

Other Requirements

The provided LIC housing at HHHN is in two-bedroom apartments with shared common space for two students.

Please return completed application to the Office of Medical Student Education.

Given Courtyard N100
89 Beaumont Avenue, Burlington, Vermont 05405-0068

Other comments:

If accepted into the LIC program, this information will be used in public relations communications with the LIC community.

Additional documentation requested

1. A CV or brief biography of yourself.
2. As part of your application, we require a signed release to view your school application. Please complete the signed release to authorize.
3. Signed release of photo for public relations (attached).
4. Provide a letter of recommendation from a faculty member (template to be provided).

For questions regarding the LIC program at HHHN, please contact:
HHHN LIC Site Director Dr. Colleen Quinn: cquinn@hhhn.org
HHHN LIC Site Coordinator Jane Morrissey: jdmorrissey@hhhn.org

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Longitudinal Integrated Clerkship Program Frequently Asked Questions

The University of Vermont Larner College of Medicine offers a rural longitudinal integrated clerkship (LIC) at the Hudson Headwaters Health Network, headquartered at Queensbury, New York. The current medical curriculum is comprised of 3 levels: Foundations (first 17 months), Clerkship (next 12 months) and Advanced Integration (final 14 months). LIC students will complete the clerkship level at the Hudson Headwaters Health Network (HHHN) campus site, in the same timeframe as the block clerkships. Students may elect to do some individual electives at the site during Advanced Integration, but this will not be required.

How will students be selected for the LIC program?

Students will apply for participation in this curriculum by September 8 by completing an application form, and then have an interview with the LIC governance committee to determine suitability for this curriculum. Students selected for this curriculum will be in good academic standing, have an interest in rural medicine, enjoy autonomy, will have the maturity to work independently, display resiliency, have an interest in the participating in the community, and an interest in collaborating with faculty to improve the student experience.

How will the LIC compare to the traditional clerkship rotations?

The curriculum at the regional campus will have the same core educational objectives, course requirements and similar instructional and evaluation methods as students completing their course work in the traditional block clerkships. The major difference is that students at the regional campus site will meet the objectives of each clerkship in a longitudinal manner rather than in the traditional block schedule. Students will be embedded in primary care practices with primary care faculty physicians, and will also be assigned faculty preceptors in the required disciplines of internal medicine, pediatrics, surgery, Ob/Gyn, psychiatry, and neurology. Students will work with their preceptors to record patient encounters, participation, settings, and achievement of the competencies to ensure that they are meeting the same core requirements as traditional clerkship students. In addition, students will demonstrate developmental competencies essential for a primary care curriculum.

Students will:

1. Demonstrate the principles of patient advocacy as they follow the course of illness over time for a defined panel of patients.
2. Apply a broad and holistic perspective to patient's problems, by caring for patients with undifferentiated illness.
3. Participate in effective models of care coordination by participation in multidisciplinary teams.

4. Employ advanced communication skills by learning to engage patients in shared decision making.
5. Demonstrate the understanding of use of practice systems to triage, treat and follow up on medical visits.
6. Describe the Chronic Care Model as they demonstrate the appropriate diagnostic approach to chronic illness.
7. Apply screening tools, and life style counseling to advance wellness and prevention.
8. Demonstrate principles of disease management in common psychiatric conditions in the ambulatory setting.
9. Engage in patient-centered problem solving with other professionals.
10. Develop a community-specific health promotion project.

How does the LIC program work?

Students will be assigned to a group of primary care faculty physicians at the home practice site, who will serve as their primary preceptors for the entire year; students will also have dedicated faculty preceptors from within these respective health systems to ensure adequate instruction in Family Medicine, Surgery, Ob/Gyn, Pediatrics, Internal Medicine, Psychiatry, and Neurology. Working with their preceptors, students will progressively develop a panel of patients to satisfy all required clinical encounters needed for clinical instruction in the clerkship level. Students embedded in primary care clinics will participate in providing comprehensive care to their patients, including wellness, acute care, and chronic care. They will work with interprofessional teams of physicians, nurses, social workers, pharmacists, and mental health workers in the emergency room, the hospital, subacute rehabilitation centers, hospice, and home care.

Clerkship students on average will participate in no more than 80 clinical hours per week. Of these, approximately 16 hours per week will consist of unstructured time to allow them to participate in course work, discipline-specific lectures or to follow their patients into other settings, e.g. consultations, tests or procedures. Students will assist in patient navigation, providing continuity and communication between all providers of medical care. Students will see patients in ambulatory settings in all of the required disciplines. Required inpatient experiences will be accomplished by using “burst weeks,” in which students will leave their ambulatory home base and participate in inpatient, discipline specific, experiences with specialty preceptors. Burst weeks will take place at Glens Fall Hospital, Glens Falls, New York.

How will the didactic portions of the curriculum at the regional campus be delivered?

Currently all UVM clerkship didactic material is delivered via synchronous and asynchronous videoconferencing. All students have access to remote learning resources via their computers as well. This content will be included in the LIC and students will be responsible for all material delivered in lectures. The primary difference for these students is that the lectures will be attended in a different sequence. Time is allocated away from their clinical duties to participate in the didactic portion of the clerkships. Students will access didactics via their UVM-issued laptop computers similar to traditional block clerkship students. UVM has had extensive experience with this technology and students routinely participate in synchronous lectures at distant clerkship sites, with full live participation. Additional didactic materials reflecting the additional LIC learning objectives, will be delivered on-site by preceptors and visiting faculty.

How will students be assessed at the regional campus?

Summative Assessment: The assessment methods will be similar for all students at the main and remote campuses. The timing and forms used for assessment will be different, reflecting the differing clerkship structures. In the LIC, there will be quarterly summative assessment periods. Students will be graded in each of the disciplines that comprise the LIC. All clerkships at UVM have a common set of competencies that are assessed using a standard set of criteria. For summative assessments in the LIC, the clerkship site director will compile the preceptor assessments and compose a narrative of the student's performance. Clinical performance is assessed using the 6 curriculum competencies adopted by the faculty for all clerkships. To ensure comparability, the Universal Clerkship Assessment form, used for traditional block clerkships, has been modified for use in measuring competencies in clerkship disciplines (e.g., medicine, surgery, etc.) that are required in the LIC. The clinical work contributes 70% to the student's final clerkship grade for each discipline. The remaining 30% of the grade is determined by performance on quarterly cognitive assessments which consists of written exams (in most cases NBME subject exams), and multidisciplinary clinical skills assessments (simulation and standardized patients). Thus, by the end of the clerkship year, the LIC students will have completed all of the same examinations, and similar clinical skills assessments required of traditional clerkship students. At the end of the year, the LIC grading committee will review all students' clinical progress and provisional grades for each discipline and will assign a summative grade for the LIC. Students will receive final summative grades in each clerkship discipline (Pass, Honors and Fail).

Formative Assessment: The students in the LIC will receive routine, daily formative feedback in the ambulatory clinical setting. In addition, a formal formative feedback structure of Monthly, Quarterly and Yearly assessments will ensure that students are well informed of their academic progress.

What about housing for LIC students? Are room and board provided?

Shared student housing will be provided at no cost to the student.

What if I change my mind? Can I opt out of the LIC program after I've started?

Students will be permitted to opt out of the LIC with permission from the Associate Dean for Students. Leaving the LIC may delay entry into the traditional block clerkship and loss of scholarship.

What access will I have to library resources?

All students, regardless of location, can connect to Dana Medical Library resources remotely using school-issued laptops and tablet computers. The number of primary users are served by 7.5 FTE employees and 1.5 student workers. All online resources of the Dana Medical Library are available electronically to COM students at all sites.

Glens Falls Hospital (GFH), in Glens Falls NY, has a full-service medical library that is accessible Monday through Friday 8:00 to 4:00. The library and its staff can provide the medical students with assistance with literature searches, reference and document delivery. There are several computers available for use and ample study space. The medical library provides access to on-line databases, most of which will allow off-site access. The majority of journals are on-line but GFH does have a limited number of journals and textbooks both in print and on-line. Articles from journals that they do not subscribe to can be borrowed from other libraries with less than 48 hour turnaround time.

What are the resources for Study Space and Wellness?

Each student will be afforded desk space in their principle primary care location. For wellness, each student will be eligible to participate in employee wellness plans and each student will have access to fitness facilities in the community. Most ambulatory facilities that the students rotate in have break rooms, and kitchen facilities. All students will be provided with a secure locker or comparable facility at all clinical care locations.

At HHHN, the student cohort will appoint a Wellness Ambassador. That student will update and distribute information about local wellness-related activities and resources to the LIC group. The Wellness Ambassador will connect with the Director of Student Support at the OMSE once a month to check in about wellness-related issues for the LIC. The Wellness Ambassadors will have access to support and consultation from the COM Wellness Committee and can participate remotely at a Wellness Committee meeting to report on the LIC and ask for input. The students will have access to the Wellness Newsletter. On-line wellness resources will also be available for all students at the Office of Medical Student Education website.

At HHHN, the student group will meet with a mentor that will provide community support with ongoing personal and professional concerns. This mentor will not be involved in student assessments. Resources will be provided for local opportunities for access to fitness, cultural, and spiritual activities.

How will LIC students participate in clinical simulation assessments?

The Clinical Simulation Laboratory in Burlington VT will be the site of all clinical simulation assessments. LIC students will return to the UVMCOM to use the UVM Clinical Simulation laboratory quarterly. Cognitive assessments, such as the NBME subject exams, will be arranged at a location convenient for the student. Some of the clerkship exams can be taken on site. Arrangements will be made at the Student ACCESS office for students requiring accommodations for their exams.

What are the IT Services for LIC students?

Students will arrive at the site with school-issued laptops and tablets. Students have access to private wireless infrastructure, which is essential for real-time clinical learning. The site can support the delivery of content, assessments, and evaluations. Site specific reporting and analytics will help ensure comparability of the curriculum design and delivery. All UVM LCOM based electronic learning tools and administrative systems will be extended to the campuses but customized to support the optimum delivery of the clinical curriculum. In order to ensure the comparability and completeness of the clinical education experiences, students will track their experiences through a web-based clinical competency tracker. In this system, the student will document details of interactions with patients, completion of procedures and achievement of patient-care competencies. All data will be reported to clerkship and site directors and be available to curriculum leadership.

Hudson Headwaters Health Network's Information Technology is composed of a layered set of networking and application technologies which provide high speed, highly available access to internal network resources as well as data and application sources resident in the Cloud. The Network's primary information system for managing all practice operation functions is the athena suite of products including: athenaCollector, athenaClinicals (Electronic Medical Record system), athenaCommunicator, and athenaClarity (Population Health Management system).

Will LIC students have the opportunity to interact with residents during a required clinical experience?

There are currently no residency programs at HHHN. Students will receive adequate exposure to residents during the subsequent Advanced Integration level. In this level, all students are required to take the following month-long courses at UVMCOM: acting internship in internal medicine, an additional acting internship in the specialty of their choosing and a surgical specialty selective at the home campus. Each of these required experiences are taught in ward teams that include resident physicians as teachers. Thus, each student will have significant resident physician exposure during their required education.

How will student services be provided for LIC students?

Financial aid: The University of Vermont's Student Financial Services (SFS) department serves all clerkship students at all locations (including main campus) remotely during their clerkship year. The SFS department has designated, full-time employees who specifically serve medical students in relation to general financial aid processes and awards, billing, debt management, financial literacy, and budgeting. A Medical SFS Coordinator will be available seven days per week via phone, email, and Skype to assist medical students. Depending on the student's needs while on the LIC, SFS counseling is either performed one on one or in a group setting, such as webinars. Financial aid packaging and awards will remain unchanged. However, LIC students may experience either increased or decreased living expense allotments based on their region. Financial aid budgets/cost of attendance will be adjusted based on the financial needs of their location.

Student Health: All students are currently required to carry University sponsored health insurance or to sign a waiver and provide proof that they possess comprehensive health insurance. The University health insurance policy is CIGNA. Per UVM policy, faculty must exempt themselves from the assessment of students that they treat. Arrangement have been made for students to use primary and mental health care providers who are not UVMCOM faculty. For specialty referrals, students might have to use faculty who participate in the LIC if physician numbers are low. However, those faculty will recuse themselves from grading the student. All students continue to be provided with disability insurance through the University of Vermont. Disability insurance is provided free of charge.

At HHHN, Noelle Stevens, MD and Michael Bell MD will be designated as primary care physicians to provide medical care to medical students. They will not be involved in educational assessments. Students will also be given a list of local primary care physicians not associated with the educational program, and will have access to 7 day a week Urgent Care Facilities that are located in Warrensburg and Glens Falls.

Personal counseling: The University Center for Health and Counseling provides comprehensive medical care and counseling. Psychological assessment and individual and group counseling services are provided at no charge to students. Students are instructed to contact UVM Counseling and Psychiatric Services who then work with providers at the LIC site to provide mental health services to our students at no charge. These providers utilize a screening process with referral to licensed counselors, psychologists, and psychiatrists.

HHHN will offer on-site access to counseling services with therapists who are located within our network, however will not be involved with student assessments. A psychiatric NPP will be designated to

provide medication consultation and management if needed. Initial contact will be given to students at orientation.

Tutorial assistance: The Office of Medical Student Education employs a full time Director of Student Support dedicated to the academic success of our students. In addition to individual meetings, the staff provided class presentations on the topics of Work-Life Balance, Building Resiliency, Suicide Prevention and Awareness for Medical Students, USMLE Step 1 & Step 2, study and examination skills training. This division also oversees the student tutoring program in which tutors are trained, assigned to students, and then monitored. These services will be available to the LIC students. Preceptors serve the role as mentors at the LIC site. In addition, students will select a specialty advisor prior to scheduling their Advanced Integration year. These specialty advisors will be UVM LCOM faculty who will work with their mentors at the LIC.

Career advising: Career advising is overseen by the Associate Dean for Students. The career advising program in the M3 and M4 years is comprised of a series of mandatory M3 class presentations on topics including Careers in Medicine, M4-year scheduling, exposure to specialties, developing a curriculum vitae and personal statement, interviewing skills, the application process (e.g. ERAS, NRMP, etc.) and related matters. These sessions will initially be simultaneously telecast live to the LIC site with a transition to on-site presentations by UVMCOM administration and faculty over time. All M3 and M4 students select a Career Mentor who is responsible for meeting with students and assisting them with the M4 schedule and specialty/residency program selection issues.

How to know if a Longitudinal Integrated Clerkship (LIC) is right for you?

Use this quiz to determine if a LIC is right for you! Check all the statements that apply to you and score yourself with the number of points associated with the group the statement is associated with.

5 points:

- I am excited by innovative programs
- I enjoy living in rural areas surrounded by nature
- I am passionate about providing health care access to rural families
- I am a multitasker
- I think it's important to consider the "big picture" in patient care
- I am energized by forming long-term relationships with people
- I am an independent learner who does well in smaller groups

1 point:

- I appreciate the tried-and-true methods of learning
- I enjoy the amenities afforded by living in a small city
- I am passionate about providing health care to a diverse group of people
- I like to focus on one detail at a time
- I think it's important to provide top-notch care in your specialization
- I am energized by tackling challenges and excelling at tasks
- I learn best by direct instruction and feed off the knowledge of my peers

Scores:

7-15: You may be best suited for a traditional clerkship

16-25: You may be interested in learning more about the Longitudinal Integrated Clerkship – Read our FAQ for more program details!

26-35: You are well suited for a Longitudinal Integrated Clerkship LIC Program.



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UVM Rural Health Longitudinal Integrated Curriculum
Hudson Headwaters Health Network, Queensbury, New York

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What is the LIC Program?

The major difference between the LIC and the traditional block Clerkship Year is that students at the regional campus site will meet the objectives of each clerkship *in a longitudinal manner* rather than in the traditional block schedule. Students will be embedded in primary care practices with primary care faculty physicians, and will also be assigned faculty preceptors in the required disciplines of internal medicine, pediatrics, surgery, Ob/Gyn, psychiatry, and neurology.

Letter of Recommendation Template for AY 2018-2019

The Longitudinal Integrated Curriculum Leadership Team would like your evaluation of this applicant's strengths and potential for future success in the LIC at Hudson Headwaters Health Network, Queensbury, New York. Please return the completed letter by *September 8, 2017* to:

Attn: Jacqueline Drouin/LIC
Office of Medical Student Education
The Courtyard at Given N-100
89 Beaumont Avenue
Burlington, VT 05405

Student Name:

Please comment on the following:

- 1. How long have you known the applicant and under what circumstance have you become familiar with the applicant's capabilities?**
- 2. Discuss the applicant's potential for success in an environment that requires a high level of autonomy, preparedness and organization skills.**
- 3. Discuss the applicant's potential for success in an environment that requires adaptability and a flexible.**
- 4. How would you rate the applicant's teamwork and engagement in pursuing academic and career goals?**
- 5. Please comment on the applicant's leadership ability? Please provide specific examples.**

Recommendation from: _____ Phone Number: _____
Title: _____ Department: _____

For questions regarding the LIC program at HHHN, please contact:
HHHN LIC Site Director Dr. Colleen Quinn: cquinn@hhhn.org
HHHN LIC Site Coordinator Jane Morrissey: jdmorrissey@hhhn.org



Why we photograph you, and what happens to these images:

The UVM Larner College of Medicine Creative Services unit takes photographs and video of many different moments that show what life is like at the Larner College of Medicine. We use these images of medical education, research, patient care, and community service to promote the College to prospective students, and to alumni, friends, community leaders, and others who want to know about the work of the College and are interested in supporting that work. Your image and, in fact, every image from the College's archive is used solely by the College for its own communication and administrative needs. All images are kept in our secure online archive that is open only to registered and approved users at UVM and its clinical partners.

Subject's Permission and Rights Granted:

By signing this release I hereby give the Photographer/Filmmaker and Assigns, and The University of Vermont, my permission to use the Images in any Media for any legitimate purpose, which may include, among others, promotion, marketing and packaging for any product or service. I agree that the Images may be combined with other images, text and graphics, and cropped, altered or modified.

I agree that all rights to the Images belong to The University of Vermont. I acknowledge and agree that I have no further right to additional Consideration or accounting, and that I will make no further claim for any reason to the Photographer/Filmmaker and/or Assigns or The University of Vermont. I acknowledge and agree that this release is binding upon my heirs and assigns. I agree that this release is irrevocable, worldwide and perpetual, and will be governed by the laws of the state of Vermont, excluding the law of conflicts.

I represent and warrant that I am at least 18 years of age and have the full legal capacity to execute this release.

Name _____ Date of Birth _____

Street Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

Check one: UVM UVM Medical Center Neither If student, year of graduation _____

Signature _____ Date _____

If a subject is a minor (under 18), the Parent/Guardian must fill out the information below.

Parent/Guardian Name _____ Relationship to Model _____

Street Address _____ City _____ State _____ Zip _____

Signature _____ Date _____

Definitions:

“SUBJECT” means me and includes my appearance, likeness and form. “MEDIA” means all media including digital, electronic, print, television, film and other media now known or to be invented. “PHOTOGRAPHER/FILMMAKER” means photographer, illustrator, filmmaker or cinematographer, or any other person or entity photographing or recording me. “ASSIGNS” means a person or any company to whom Photographer/Filmmaker has assigned or licensed rights under this release as well as the licensees of any such person or company. “IMAGES” means all photographs, film or recording taken of me as part of the Shoot. “CONSIDERATION” means something of value I have received in exchange for the rights granted by me in this release. “SHOOT” means the photographic or film session described in this form.