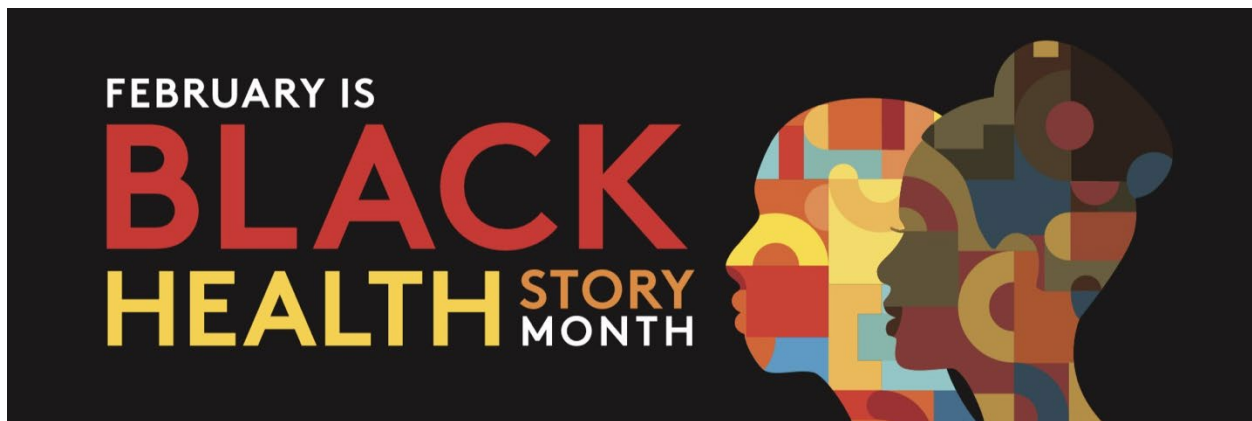




## February 2024



Each February, the United States celebrates Black History Month in recognition of the contributions and achievements that Black people have made throughout history.

**Black HEALTHstory Month** aims to present a fuller history of black health in the United States by highlighting the long fight for health justice and advocacy for African-Americans *by* African-Americans and honoring the pioneers of black health and medicine. By examining the history of racism in medicine and its present-day manifestations in health care, we are better able to address the factors that can lead to change and better health.

## Observances

- 02/1-02/29 | **Black History Month**
- 02/01-02 | **Imbolc/St. Brigid's Day** (An Irish Pagan, Druid, and Christian holiday to celebrate the patron saint of Ireland, St. Brigid, and to anticipate the coming spring)
- 02/02 | **Candlemas** (The Christian holiday marking the end of the period of epiphany, or the series of holidays related to the birth and early childhood of Jesus Christ)
- 02/03 | **Setsubun-sai** (A Shinto holiday marking the beginning of spring. It is celebrated by throwing roasted beans for good luck)
- 02/10 | **Chinese New Year** (the New Year according to the Chinese calendar. It happens during the new moon that occurs between January 21st and February 20th)

- 02/14 | **Valentine's Day** (A day for Catholics to celebrate the Feast of St. Valentine, as well as a secular celebration of romantic love)
- 02/14 | **Ash Wednesday** (A Christian holiday which marks the beginning of Lent, a 40-day period of reflection and austerity. Participants may don a cross of ashes on their foreheads)
- 02/19 | **President's Day** (A day to honor and remember United States Presidents)

## Events

- 02/01 | **Unpacking Antisemitism Within a Solidarity Framework** – A workshop hosted by the UVM Division of Diversity, Equity and Inclusion 3:00-5:00pm, Interfaith Center [click here to RSVP](#)
- 02/06 | **"Anatomy Of" - Art Exhibit by Mary Lacy** - Tuesday, February 6, 2024, 6:00 – 7:30 P.M., Hoehl Gallery
- 02/02 | **Black HEALTHstoryMonth Virtual Lecture** – *All Power to the People: The Black Panther Party's Fight for Health and Wellness in the 1960s and 70s* – Speaker: Robyn Spencer-Antoine, PhD–12:00-1:00pm [Join via Zoom](#)
- 02/07 | **Gender Equity Education Series** – *Prescribing Joy: Enhancing Physician and Patient Lives through Positive Psychology and Lifestyle Medicine* – Speaker: Kristina Foreman, MD – 12:00-1:00 [Join via Zoom](#)

Missed an event? [Visit our video library](#)

## ODEI News



A Zoom lecture with  
**ROBYN C. SPENCER-ANTOINE, PHD**  
Friday, February 2, 2024, 12-1 PM

### **ALL POWER TO THE PEOPLE: The Black Panther Party's Fight for Health and Wellness in the 1960s and 70s**



*Black*

### *HEALTHstory Month Virtual Lecture*

### **ALL POWER TO THE PEOPLE: The Black Panther Party's Fight for Health and Wellness in the 1960's and 70's**

A Zoom lecture with  
**ROBYN C. SPENCER-ANTOINE, PHD**  
Friday, February 2, 2024, 12-1 PM

The Black Panther Party is well-known for its ideology of Black Nationalism, but much less has been publicized about its pioneering programs addressing health in the Black community creating a health legacy that has lasting effects to this day. **Robyn C. Spencer-Antoine** is a Visiting Scholar in the Charles Warren Center for Studies in American History at Harvard University and an historian that focuses on Black social protest after World War II, urban and working-class radicalism, and gender.

Her book *The Revolution Has Come: Black Power, Gender, and the Black Panther Party in Oakland* was published in 2016. She is co-founder of the Intersectional Black Panther Party History Project and has written widely on gender and Black Power. Her writings have appeared in the *Journal of Women's History* and *Souls* as well as *The Washington Post*, *Vibe Magazine*, *Colorlines*, and *Truthout*. [Join via Zoom](#)

## 11th Annual MLK Health Equity Lecture a Success



More than 100 in-person and virtual attendees participated in the 11th annual Rev. Dr. Martin Luther King Health Equity Lecture at the Lerner College of Medicine, bringing together a wide range of members of our community to discuss and learn more about issues around health disparities and outcomes.

Dr. Will Ross, Associate Dean for Diversity, Principal Officer for Community Partnerships and Alumni Endowed Professor of Medicine in Nephrology at the Washington University School of Medicine presented *Our American Dilemma: Placing an Equity Lens on the Struggle for Diversity and Inclusion*.

[Visit our video library](#) to view the lecture.

*In this photo: leaders of the Lerner chapter of the Student National Medical Association (SNMA) Dr. Will Ross and Dr. Margaret Tandoh, Associate Dean for Diversity, Equity and Inclusion*

## Announcements

### **AAMC Early Career Women Faculty Leadership Development Seminar's application period will open in mid-February.**

The AAMC Early Career Women Faculty Leadership Development Seminar's application period will open in mid-February. The seminar's curriculum will provide a foundation for modeling leadership behavior and will focus on critical skills and strategies to assist you as you prepare for professional advancement or promotion. Due to the content focus, applicants' CVs must include or highlight activities demonstrating progress towards academic promotion and engagement in leadership roles.

[Read More →](#)

## **The UVM Division of Faculty Affairs Offering Vouchers for National Center for Faculty Development and Diversity's Summer 2024 Faculty Success Program**

The NCFDD is conducting the [Summer 2024 Faculty Success Program](#), a twelve week, online program from May 20th- July 28th to help non-tenure, tenure- track, and tenured faculty develop the skills necessary to increase writing productivity while maintaining a healthy work-life balance. The UVM Division of Faculty Affairs is offering a limited number of \$1000 vouchers to support faculty who choose to participate in this session. Discounted registration ends March 11. Please contact [Crispina.Pincus@uvm](mailto:Crispina.Pincus@uvm) by March 1st if you are interested.

## **The Journal of the National Hispanic Medical Association Call for Submissions**

The Journal of the National Hispanic Medical Association is delighted to announce that submissions are open for scholarly contributions from the medical community. They are inviting researchers, clinicians, and experts in the field to share their innovative and impactful work addressing healthcare issues relevant to the Hispanic population in the United States. Submit your articles [here](#).

## **Join the Gender Equity Listserv**

Want to keep up to date on Gender Equity events and initiatives? Join the [Gender Equity Listserv](#).



## **Become a Faculty Mentor to a Medical Student**

The LCOM Mentors program pairs medical students who are members of groups underrepresented in medicine with faculty members and/or residents who have common interests and goals. This relationship can support the medical student (the mentee) to become familiar with institutional expectations, networks, and practices that are relevant to productivity and advancement at the Larner College of Medicine (LCOM).

For more information contact [Eileen CichoskiKelly](#) or to sign up, please [fill out this short form](#).

## **From the AAMC**

### **How to Achieve Greater Diversity in Residency Programs**

Given the massive cultural differences among patients, the US healthcare system must attract diverse medical professionals to provide the best possible care.

[Read More →](#)

## **AAMCNews: Legal help as a prescription for health**

Mold infestations. Illegal firings. Denial of public benefits. Often, there's little doctors can do to address social drivers of health. Medical-legal partnerships embed lawyers on the health care team to help. Can they expand enough to meet the need?

[Read More →](#)

## **AAMC joins amicus brief opposing Texas ban on gender-affirming care**

The AAMC joined an amicus brief [filed with the Texas Supreme Court on Jan. 5](#), urging affirmance of the trial court's injunction in *Loe v. Texas*. The case involves Senate Bill 14, which prohibits health care providers from providing patients under 18 with medically necessary treatments for gender dysphoria. The brief provides background on gender identity and gender dysphoria, and details the professionally accepted medical guidelines for treating adolescents with gender dysphoria, the scientifically rigorous process by which the guidelines were developed, and the evidence that gender-affirming care is effective and saves lives.

[Read More →](#)

## **AAMC webinar on how nontraditional forms of scholarship can advance an academic career**

The AAMC will host a free webinar, "Disrupting the Definition of Scholarship: Advancing Your Career with Nontraditional Scholarship," on Feb. 7 at 4 p.m. ET. Panelists will draw from their personal experience to discuss the innovative modes of scholarship development and dissemination that have advanced their work and will discuss the evolution of how nontraditional scholarship supports career advancement in the field. This session is organized by colleagues at the AAMC's peer-reviewed journals, *Academic Medicine* and *MedEdPORTAL*, and is part of a series that examines the importance of publishing education scholarship and offers practical suggestions for how to do so.

[Register Now →](#)

## **AAMC hosts webinar with NIH ACD Working Group Leaders**

On Feb. 2 at noon ET, Drs. Tara Schwetz and Shelley Berger, the co-chairs of the National Institutes of Health (NIH) Advisory Committee to the Director (ACD) Working Group on Re-envisioning NIH Supported Postdoctoral Training, and Dr. Jodi Yellin, a working group member, will discuss [the working group's recommendations to address the recent decline in postdocs and to support a sustainable and diverse workforce](#). The panel will also share what led to the formation of the working group and engage in a discussion with the AAMC academic medicine and research training community.

[Register Now →](#)



## **Apply for 2024 Gold Student Summer Fellowship Program**

The Arnold P. Gold Foundation is now accepting applications for the 2024 Gold Student Summer Fellowship program. This opportunity is open to medical students who are interested in working on a research or service project with supportive funding of up to \$4,000.

The program empowers medical students to undertake a project related to community health and to develop skills to become a compassionate, relationship-centered physician. The application deadline is March 18 at 11:59 p.m. PT.

[Apply Now](#)

## **Articles of Interest**

### **Reducing Barriers and Improving Motivations of Students Enrolled in Summer Health Professions Exposure Programs**

*By Leila Amiri, PhD; Will Ross, MD, MPH*

The persistence of health inequalities in the United States, which have been extensively studied since the 1985 Heckler Report has resulted in an unconscionable, preventable loss of lives. The Heckler Report and other studies compelled former US Secretary of Health and Human Services, Louis W. Sullivan, to establish the Sullivan Commission<sup>2</sup> in 2003, which made policy recommendations to bring about systemic change that addressed the scarcity of racial and ethnic minority individuals in the health professions.

[Read More →](#)

### **How Tens of Thousands of Black U.S. Doctors Simply Vanished**

*By Uché Blackstock*

More than a century ago, a man named Abraham Flexner published a scathing report on the state of medical schools in an effort to put standards in place for medical education. As a result of this report, and racist attitudes towards the role of Black people in medicine, all but two of the Black U.S. medical schools were forced to close. It is estimated that closing these schools denied tens of thousands of people the opportunity to practice medicine and we are still feeling the impacts to this day.

[Read More →](#)

### **How History Has Shaped Racial and Ethnic Health Disparities: A Timeline of Policies and Events**

*By KFF*

This timeline offers a historical view of significant U.S. federal policies and events spanning the early 1800s to today that have influenced present-day health disparities. It covers policies that directly impacted health coverage and access to care, relevant events in medicine, social and economic policies and developments that influence health, and efforts to tackle inequalities.

Some events impacting people of color, like [the Louisiana Purchase](#), [Westward Expansion](#) and [the Transatlantic Slave Trade](#), predate this timeline. While not exhaustive, the

timeline aims to provide context for addressing disparities, acknowledging the complex history that shapes racial and ethnic health and health care disparities that persist today.

[Read More →](#)

## **Racism, Sexism, and the Crisis of Black Women's Health | The Brink | Boston University (bu.edu)**

*By Jillian McKoy*

Boston University's Black Women's Health Study (BWHS)...a group of 59,000 women in the largest and longest-running study in the United States focused entirely on the health of Black women. Founded in 1995 at BU's Slone Epidemiology Center, BWHS aims to understand the underlying causes of poor health—and good health—among Black women, and, with this knowledge, raise awareness and spur action to reduce the long-standing racial disparities and inequities in health. Black women are more likely than other racial and ethnic groups to die from cardiovascular disease, hypertension, stroke, lupus, and several cancers. They are twice as likely than white women to develop diabetes over age 55 or have uncontrolled blood pressure. Black women also face greater challenges in accessing affordable and quality healthcare, including a lack of health insurance, higher medical debt, and longer travel times to hospitals.”

[Read More →](#)

## **An Olympic Dream Falter Amid Track's Shifting Rules** *(NYTimes subscription required)*

*By Jeré Longman*

Track and Field's decision to bar intersex athletes from women's events has raised questions about fair play and inclusion ahead of the Paris Games. Maximila Imali, a top Kenyan sprinter did not lose her eligibility to compete in the Paris Olympics because she cheated. She did not fail a doping test. She broke no rules. Instead, she is set to miss this year's Summer Games because she was born with a rare genetic variant that results in naturally elevated levels of testosterone.

[Read More →](#)

## **Medical Student Burnout by Race, Ethnicity, and Multiple Disability Status**

*By Mytien Nguyen, MS; Lisa Meeks, PhD; Karina Pereira-Lima, PhD, MSc; Justin Bullock, MD; Amy Addams, BA; Christopher Moreland, MD; Dowin Boatright, MD*

Recent studies have found that Asian, Black, and Hispanic students and students with disabilities experience increased risks of burnout. However, little is known about the risk of burnout among racial and ethnic underrepresented students with a disability, or among students who have cooccurring disabilities. Here, we examined the prevalence of burnout among students underrepresented in medicine by race and ethnicity (URiM; American Indian or Alaska Native, Black, Hawaiian Native, Hispanic, Pacific Islanders) with multiple disability types.

[Read More →](#)