

GOALS

EDUCATION

SKILLS

CAREER

VISION

VALUES

INTERESTS



# Objectives

1. Describe the LCOM specialty advising process during the clinical years of the curriculum.
2. Navigate the AAMC Careers in Medicine website and the LCOM Career Advising website and know where to find specialty specific information.
3. Discuss ways to improve communication between faculty advisors at all levels of the curriculum



**Pain**



**Points**



What information are students hearing from  
the Office of Medical Education?

# Career Development

## Career Advising

Advisors and mentors play an essential role in guiding students through medical school. Workshops, discussion groups, activities, and meetings with mentors and faculty members take place throughout all four years. These activities are designed to facilitate the career planning process and provide guidance from a student's first day through the residency application process and the Match. [Read more about career advising programming, at the Larner College of Medicine...](#)



## Medical Student Research

Research can be among the most valuable experiences during medical education. Each year, generally during the summer between the first and second years, or during the Advanced Integration level of the curriculum, some students choose to take part in a variety of research opportunities that are offered to medical students locally, nationwide, and around the world. There are many programs available that focus on clinical, translational, behavioral, health services, educational, and/or basic science investigations. [Read more about medical student research opportunities and support...](#)

## Medical Student Leadership Opportunities

Larner hosts a variety of opportunities for students to engage in leadership across our various communities. Within the Larner Medical School, four primary student leadership groups support programming and positive collaboration with Larner administration:

- [Medical Student Council](#)
- [Wellness Committee](#)
- [Student Education Committee](#)
- [Social Justice Coalition](#)

[LCOM Match Lists](#)[Larner Alumni Directory](#)

## Helpful Resources

- [VIC Diagram](#)
- [Foundations M1 Meeting form](#)
- [Foundations M2 Meeting form](#)
- [Careers in Medicine](#) website (AAMC login required)
- [CiM Specialty Panel Series](#)
- [Specialty Advising Directors](#)
- [Medical Alumni Directory](#)
- [UVMconnect](#)

## Residency Application Resources

- [Residency Application Guide](#)
- [Residency Explorer Tool](#) (AAMC login required)
- The AMA's [FREIDA System](#)
- [ERAS - the Electronic Residency Application Service](#)
- [NRMP - the National Resident Matching Program](#)

We also have [over 50 student interest groups](#), all student-developed and managed, covering diverse engagement opportunities including national organizations, medical electives, community service, and special interests, and a [Larner Medical Student Ambassador Program](#) of over 100 students trained to represent the College in various essential formats. [Read more about student leadership opportunities at the Larner College of Medicine...](#)

## **Medical Student Honors Societies & Awards Opportunities**

The UVM Larner College of Medicine honors student excellence through Graduation with [various awards](#) presented to the students on behalf of their peers and numerous Larner departments.

Larner also hosts two national honor societies:

- [Alpha Omega Alpha National Medical Honor Society](#)
- [Gold Humanism Honor Society](#)

[Read more about Larner awards and honors...](#)

## **Funds for Educational and Scholarly Opportunities**

The UVM Larner College of Medicine Funds for Educational and Scholarly Opportunities (FESO) program was established to support students who would like to travel to conferences, alternative learning opportunities or similar events. Grants are funded through donations to the College. Applications will be accepted on a rolling basis and must be submitted at least two months ahead of proposed travel. [Read more about FESO and the application process...](#)

- [San Francisco Match](#) for Ophthalmology
- [Urology Match](#)
- [Military Medicine](#)
- ["Residency Letters of Recommendation: The Best for Success" PPT Presentation](#)
- The AAMC's [Interview Resources for Residency Applicants](#) page
  - >> [Virtual Interviews: Applicant Preparation Guide](#)

## **For Advisors**

[OASIS Advisor Instructions](#)

# Longitudinal

- PCR
- Deans for Students meetings

# M1

- MSST orientation (week 1)
- CiM session (week 2)
- CiM panels (Fall semester)
- SIGs
- DIV
- Shadowing
- PCR 1:1 check ins
- Summer planning session
- Summer research session
- Summer research/clinical courses



# M2

- Research demand
- Shadowing demand
- DIV
- CiM panels
- PCR 1:1 meetings

# M3

- Clerkships
- Shadowing
- Research
- PCR 1:1 meetings

# M4

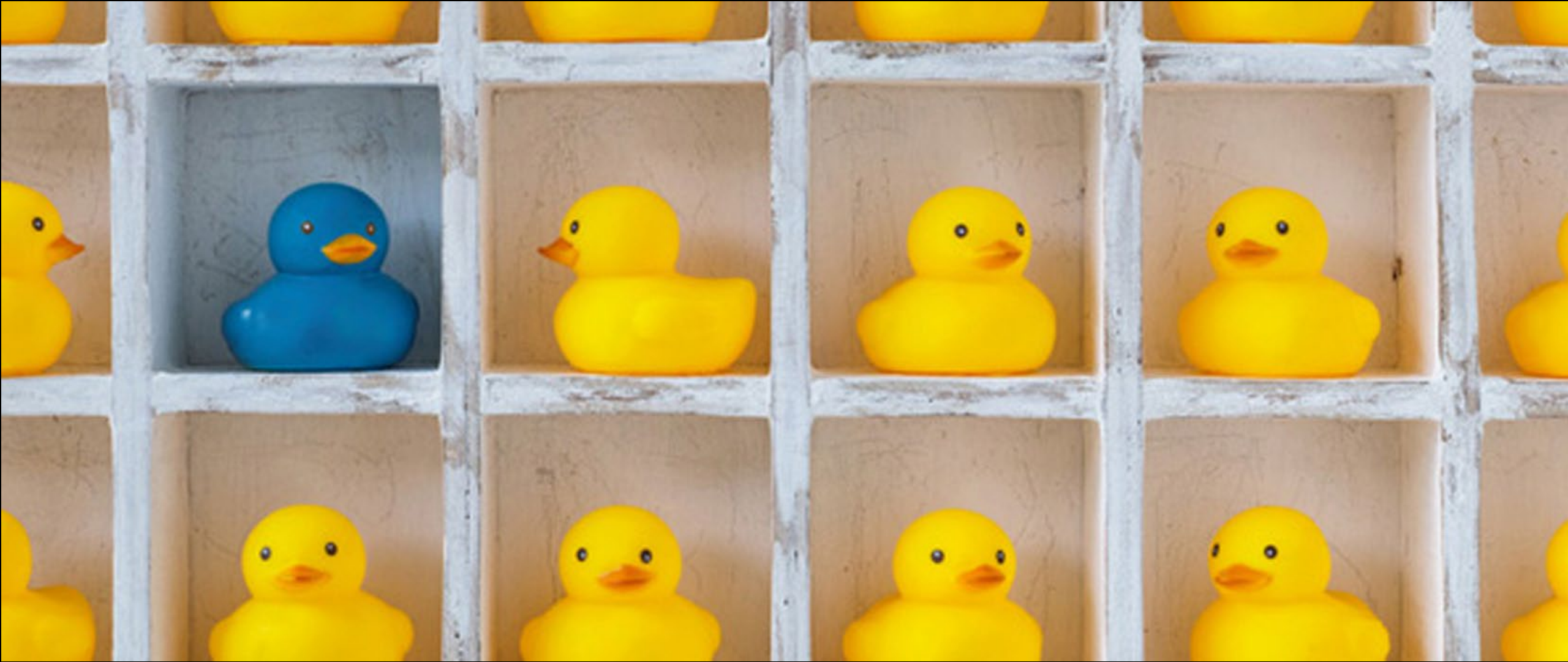
- Residency Advising sessions (RAD meetings)
- Specialty Sibs program
- Prep for Practice course

# OME sessions

- M3
  - Intro to 4th year (Oct)
  - Lottery planning (Dec)
  - VSLO and away rotations (Jan)
  - Intro to Advanced Integration success (March)
- M4
  - Couples Match intro (May)
  - Succeeding on away rotations (June)
  - ERAS and other application platforms (August)
  - Interview prep (October)
  - Rank list/SOAP/Couples Match (Jan)



What if a student you are advising is interested in a specialty that isn't your own?



## SPECIALTY ADVISING DIRECTORS

*Updated 11/14/2023*

DEPARTMENT	SPECIALTY	ADVISOR
Anesthesiology	Anesthesiology	Jacob Martin, MD
Emergency Medicine	Emergency Medicine	Katherine Dolbec, MD
Family Medicine	Family Medicine	Anya Streeter, MD
Medicine	Internal Medicine	Mark Pasanen, MD
		<i>Halle Sobel, MD</i>
	Dermatology	Joseph Pierson, MD
Neurology	Neurology	Noah Kolb, MD
		<i>Fatemeh Sobhani, MD</i>
Obstetrics & Gynecology	Obstetrics & Gynecology	Erin Morris, MD
Orthopaedics & Rehabilitation	Sports Medicine	Chason Ziino, MD
	Physical Medicine & Rehabilitation	Jessica Johnson, MD
Pathology	Pathology	Joanna Conant, MD
Pediatrics	Pediatrics	Molly Rideout, MD
		<i>Hillary Anderson, MD</i>
		<i>Lewis First, MD</i>
		<i>William Raszka, MD</i>
		<i>Jill Rinehart, MD</i>
		<i>Aaron Wallman-Stokes, MD</i>
Psychiatry	Psychiatry	Erin Curtis, MD
Radiology	Diagnostic Radiology	Mike Bazylewicz, MD
	Radiation Oncology	Christopher Anker, MD
Surgery	General Surgery	Patrick Forgione, MD
		<i>Katelynn Ferranti, MD</i>
	Urology	Urszula Kowalik, MD
	Neurosurgery	Katrina Ducis, MD
	Otolaryngology	Erin Ostby, MD
	Ophthalmology	Brian Kim, MD
	Plastic Surgery	Donald Laub, MD
CT Branch Campus		Ellen Kulaga, MD
		Jon Rosen, MD



What resources exist for improving specialty advising for medical students?

# Careers in Medicine

Choosing a medical specialty is one of the most significant decisions you'll make. **We can help.**

Most learners and advisors have access

Learn how [▶](#)



## 1. Understand Yourself

Self-exploration is essential to a satisfying specialty choice



## 2. Explore Options

Knowing about all career options that exist ensures well-informed decisions



## 3. Choose Your Specialty

Making a career choice that makes you happy is harder than you think



## 4. Prepare for Residency

Much is involved in the transition from applying to arriving at residency





# Future plans

- Pre-matriculation check-in
- Career exploration electives earlier in the curriculum
- More regular Deans for Students and specialty advisor check-ins
- Including specialty advisors in the OME-led student sessions
- Warm hand-offs between PCR facilitators and specialty advisors
- Enhanced communication between OME and specialty advisors

Future plans

**CAREER ADVISING CENTER**

in the

**OFFICE OF MEDICAL EDUCATION**

at

**Larner College of Medicine**

